Calm, collected, here to help

Meet emergency medical dispatcher Ahomadun

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War-time East End weddings

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Must-see Black History events

The lowdown on the best theatre, phototgraphy, films and more

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Second heli for air ambulance

BY JESSICA ODUBAYO

AFTER seven months of fundraising, and with tremendous support from the public, London's Air Ambulance has acquired a second helicopter.

The MD902 Explorer, registration G-LNDN, is expected to be operational from the helipad at the Royal London Hospital from early next year.

London's Air Ambulance, the charity that delivers an advanced trauma team to critically injured people in the capital, launched a fundraising campaign in February to raise £6 million.

Just over £4 million has been donated, which will cover the cost of converting the helicopter to meet UK regulations.

Currently, the charity's single helicopter, which flies from the roof of the Whitechapel hospital, dispatches a team of medics to patients including victims of road traffic incidents and falls.

The service is up to eight times faster than a response car. And a second helicopter will provide cover when the current aircraft is offline for planned or unplanned service or maintenance.

With the additional helicopter and by extending its daylight flying hours in summer months, the charity estimates that it will reach a further 400 patients a year.

James Moore was run over by a tanker while cycling on February 17, 2012. He said the service saved his life, preventing his name from being added to the grim toll of cyclists killed on London's roads.

"Speed is of the essence in situations like the one I found myself in – trapped under the wheels of a tanker that had knocked me off my bike," he said.

"With the lunchtime roads between Stratford and Whitechapel choked with traffic, a trip in an ordinary ambulance to an A&E would have taken an unacceptably long time. My injuries were so severe that a decision was made to call in the advanced medical expertise of the London's Air Ambulance doctor and paramedic and the helicopter delivered them to my side within minutes.

"They anaesthetised me, drained both my lungs and splinted my legs and pelvis to stabilise me before whisking me off to the Royal London by air, where the surgeons carried out their miracles.

"The fact that I am here today, able to work full-time from home, and lead a more or less normal family life, is thanks to their skill and dedication."

James and his colleagues raised more than £12,000 for the appeal by taking part in a fundraising cricket and rounders match. Donations are still needed to reach the £6 million target to keep the helicopter service in the air for five years.

Donate at **www.yourhelicopter.london** or by texting **HELICOPTER to 70800** to give £5.

The helicopter delivers a trauma team to critically injured people in the capital

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Where all can thrive

"Criminal behaviour will not be tolerated. We hope to provide a tolerant community where all people can thrive."

CLLR SHIRIA KHATUN

Support for victims of hate crime

#NHCAW

National Hate Crime Awareness Week takes place from October 10-17. The event is organised by 17-24-30 No to Hate Crime Campaign in partnership with Stop Hate UK.

VISIT WWW.STOPHATEUK.ORG

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Reporting hate crime

Week aims to raise awareness of what it is and how you can report it

BY STEFAN SWIFT

A SPECIAL service of hope and remembrance at St Paul's Cathedral will mark the beginning of Hate Crime Awareness Week on Saturday, October 10.

A hate crime is any criminal offence where the victim is targeted because of their race or ethnicity, religious beliefs, gender, gender identity, disability, age, sexual orientation or any other actual or perceived difference.

The week raises awareness of hate crime issues and encourages people to discuss how it can be eliminated in all its forms.

The council and the police are working hard to help prevent hate crime and support victims in the borough.

PC Lee Hawkins with members of the council's Hate Crime team

Hate crime reporting

The police can only take action against offenders if incidents are reported.

Any hate crime can be reported by calling 999 in an emergency or 101 in a non-emergency situation. The council has established other ways in which victims or witnesses can report hate crimes outside of the usual channels.

Residents are encouraged to report incidents anonymously to the council, police, landlords or housing providers or third-party reporting centres.

Third-party reporting centres

These are community locations where you can report hate crime or domestic abuse without having to visit a police station.

Relaunched earlier this year, there are now 13 sites in Tower Hamlets where centres will operate, including the borough's four One Stop Shops.

The council's domestic violence and hate crime teams have retrained staff in the centres, in partnership with charity Victim Support and the Metropolitan Police.

Victim support

Offering support to victims is the most important area of the council's work against hate crime.

You can report crime and be offered victim support at third-party reporting centres.

Alternatively, the council's victim support service is available on 7364 7970/7797 (from 9.30am-4.30pm, Monday to Friday).

Cllr Shiria Khatun, deputy mayor and cabinet member for community safety, said: "We work closely with the police and victim support to ensure that residents of the borough get the help and support they deserve.

"Criminal behaviour will not be tolerated and we hope to provide a tolerant community in which all people can thrive."

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Taking fire safety seriously

"This is completely unacceptable and landlords, managers and building owners should be warned that we will always prosecute if we find they are putting people's lives at risk."

LONDON FIRE BRIGADE ASSISTANT COMMISSIONER FOR FIRE SAFETY, NEIL ORBELL

Child's play

Collingwood Children's Centre ran a healthly advice day for parents.

SEE BELOW

Council resolves dispute with Rich Mix

LAST week, the council and Rich Mix Cultural Foundation announced that they resolved disputes between them.

As a result, legal proceedings that were underway in the High Court have now been brought to an end. The resolution of the disputes secures Rich Mix's future.

Its chief executive Jane Earl said: "We're very pleased we have been able to reach an agreement with the council. It means we're able to carry on doing interesting art for our local communities, and being an important part of creative landscape for London."

As part of the resolution, Rich Mix has received Section 106 monies agreed by the council's Strategic Development Committee in August 2010.

In turn, Rich Mix has agreed to repay the £850,000 loan given to it by the council in 2003, and make a payment in respect of certain external costs.

Brick Lane pub was 'fire trap'

BY STAFF REPORTER

THE landlord of a Brick Lane pub that was labelled a 'fire trap' has received a four-month suspended prison sentence for breaking fire safety laws.

At a sentencing hearing at Snaresbrook Crown Court on September 25, Koyser Khan, from Buckinghamshire, admitted ten offences under the Regulatory Reform (Fire Safety) Order 2005.

In addition to the sentence, which was suspended for two years, Khan was ordered to pay a £30,000 fine and £32,811 in costs, following the prosecution by the London Fire Brigade.

The Brigade's fire safety inspecting officers first visited The Archers public house in April 2010. As well as the pub on the ground floor, they found sleeping accommodation on the building's second and third floors.

Inspectors raised a number of serious fire safety concerns, including inadequate smoke detection systems, insufficient fire extinguishers, missing and defective fire doors, inadequate means of escape, and no evidence of a fire risk assessment, staff training or maintenance of fire alarms and emergency lighting.

The brigade served a prohibition notice the same day preventing the second and third floors of the building being used for anything other than storage. An enforcement notice was issued, requiring improvement work to be completed by August 16, 2010.

Follow-up inspections found that no work had been undertaken to comply with the enforcement notice and that the second floor was still being used as sleeping accommodation.

The prohibition notice was lifted once the improvement works were eventually carried out, but a final visit in January 2012 revealed the building's fire alarm system wasn't working and that two alarm call points had had their 'break glass' panels replaced with card.

The brigade's assistant commissioner for fire safety, Neil Orbell, said: "This public house was a potential fire trap and I have no doubt that if a blaze had broken out, its occupants would have been at serious risk of losing their lives.

The landlord of the Archers pub in Brick Lane flouted fire safety laws

"Those responsible for buildings have a clear legal responsibility to ensure the people living and working there are safe.

"Sadly, it's clear to me that, in this case, not only were those responsibilities being flouted before we visited the premises, the pub's licensee continued to ignore them even after we had carried out our safety inspection.

"This is completely unacceptable and landlords, managers and building owners should be warned that we will always prosecute if we find they are putting people's lives at risk."

CHILDRENS centres in the north of the borough promoted health services for local families at a day of activities held at Collingwood Children's Centre, Bethnal Green.
More than 100 families attended the event, which featured games, story telling and face painting for children, as well as information about aspects of health for adults.
Community organisations and council officers, including the road safety team, Housing Options, Osmani health trainers, London Fire Brigade and Gateway Midwifery ran information stalls to highlight healthy lifestyles for families with children under the age of five.
Visitors were also offered blood pressure checks and fire safety advice (pictured left).

News in brief

Fire in Poplar flat

FIREFIGHTERS have warned about the dangers of people trying to tackle a blaze in their own home after two men attempted to put out a fire before escaping.

Six fire engines and 35 firefighters and officers attended the blaze at a maisonette on Morris Road, Poplar.

The fire damaged half of the flat on the third and fourth floors.

Station manager Steve West, who was at the scene on Wednesday, September 30, said: "Never try and fight fire yourself, always leave it to the professionals. Thankfully the two men who tried to tackle the fire got out in time, but they suffered smoke inhalation and were taken to hospital by London Ambulance Service crews."

The brigade was called at 10.48am and the fire was under control by 11.52am. The cause is believed to be accidental.

Walking football

WALKING Football, a new way of getting people with limited mobility involved in sport, remains available free of charge for four more weeks.

Walking Football was devised in 2011 and is endorsed and promoted by the Football Association.

The main rule modifications is that running or sprinting are penalised with a free kick to opponents, and slide tackles are banned – both aimed at reducing injury and making the sport accessible to older people and those who have mobility needs.

Tower Hamlets Council along with Bexley, Greenwich, Newham and Lewisham, offers classes, with funding help from the Mayor of London. Tower Hamlets' sports team provides a coach and venue and monitors sessions.

The events are mixed gender, and a great way for people to socialise and make new friends.

Walking football is available at Mile End Stadium mini pitches, Rhodeswell Road, E14, every Sunday at 10.45am until 12 noon.

For more information, call 7364 2681 or 07951 203144.

Family announcements

Happy 21st Birthday!

to a lovely daughter and sister, Fazzy

Have a wonderful day celebrating your 21st birthday,
we wish you all the best for your future!

Love always,

Mum, Maddie, Amaan
and all the family xxx

Peter William Draper
28/05/1928 ~ 06/10/2014

Evelyn Violet Draper
30/08/1933 ~ 07/10/2006.

Though time still seems to be ticking forward,
our hearts still stand still with everlasting
love for you both.

Though you may be gone,
never will you be forgotten.

Love always,
your daughters, grandchildren and
great grandchildren.

Putting street on the map

"The Roman is a strong contender. Let's get the vote out and put one of Tower Hamlets' most iconic streets on the map!"

CLLR JOSH PECK, COUNCILLOR FOR BOW WEST

News

Roman in running for Britain's best high street

BY NATHAN AKEHURST

ROMAN Road, one of the borough's most popular markets and thoroughfares, is one of the finalists in the Great British High Street Awards 2015.

The Roman is in the top three of the London category.

The winner will receive a cash prize to go towards further high street improvements.

As well as additional funding, winners will also get dedicated support and mentoring from industry experts to advise how to improve the high street and its brands even further.

Roman Road is one of Tower Hamlets' best-loved high streets, containing a diverse and well-attended market and a host of independent shops, including pie and mash.

Its contributions to culture and history range from the east London women's suffrage and trade union movement to early grime music – Wiley and Dizzee Rascal grew up around the Roman.

You can vote for Roman Road at **http://thegreatbritishhighstreet.co.uk/high-street-of-the-year-award**

Voting is open until mid-November. The winner announced in December.

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www.londonenterpriseacademy.org

Find the course for you

A new guide to Idea Stores learning has been launched. There are about 900 courses – from English and maths, to cookery and photography. To find our more 7364 5665 or visit...

WWW.TOWERHAMLETS. GOV.UK/IDEASTORE

Shop a dodgy shop

If a business is operating outside of its licensed hours, call business and consumer regulations on...

7364 5008

News

Police hunt cyclist over 2am assault

DETECTIVES investigating an incident in Stepney have issued this image of a man they are keen to speak with.

At about 2am on Saturday, July 18, a 35-year-old man got off a bus and was nearly struck by a man cycling on the pavement.

He shouted at the passing cyclist to be careful and the rider turned around and headed straight for him.

Keen to avoid confrontation, the victim walked into a nearby store.

The cyclist went into the shop and tried to steal the victim's wrist watch as "compensation for breaking his bike".

A fight broke out and the victim restrained his attacker for a few minutes while the shopkeeper called the police.

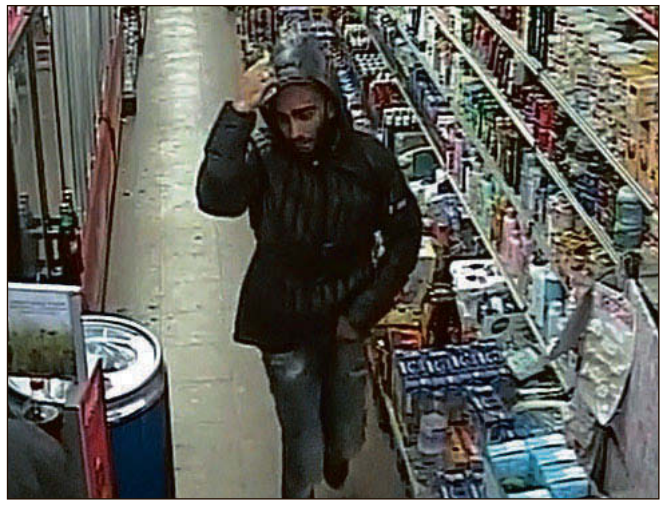
The suspect broke free before police arrived.

He is Asian, in his twenties and about 5ft 9ins tall.

He had a short, black goatee beard and a scar on the bridge of his nose.

He was wearing a dark puffer jacket, dark shoes, a dark cap and blue jeans.

Anyone with any information is asked to contact police on 101 quoting image 187682 or anonymously on Crimestoppers on 0800 555 111.



Store stripped of booze licence

BY STEFAN SWIFT

A SHOP on Bethnal Green Road has had its licence to sell alcohol revoked by the council.

It follows evidence that the E2 Mini Market had been selling alcohol to children and outside its licensed hours.

Evidence of drug paraphernalia and so-called legal highs being sold from the shop was also given to the borough's licensing sub-committee hearing on September 1.

The council is reminding retailers that selling legal highs can in fact be illegal. These products are categorised as new psychoactive substances (NPS) and are designed to mimic the effects of illegal drugs.

The Intoxicating Substances (Supply) Act 1985 prohibits the sale of substances to those under the age of 18, which the seller has reason to believe may be inhaled for the purposes of intoxication.

NPS products are thought to contain ingredients that are not controlled under The Misuse of Drugs Act 1971, in the way that drugs such as heroin, cocaine and marijuana are.

Cllr Khales Uddin Ahmed, chair of the licensing sub-committee, said: "As a cross-party council committee, we always make a detailed assessment of the evidence presented to us in order to reach sensible decisions.

"So-called legal highs are not actually legal to sell or consume and we urge retailers to ensure they comply with the law."

A separate application was also heard – Sheba restaurant situated on Brick Lane applied to extend the hours for the retail sale of alcohol and the provision of late night refreshment.

The committee unanimously dismissed the application due to the restaurant being in an area that is becoming more residential and the history of violence associated with the premises.

If you believe a business in Tower Hamlets is operating outside of its licensed hours or selling age restricted products to people under the age of 18, you can call the business and consumer regulations service on 7364 5008 or email **licensing@**

MAYOR John Biggs launched the Idea Stores' new lifelong learning course guide on September 22. He was joined at Idea Store Chrisp Street by Cllr Asma Begum, cabinet member for culture, to promote the benefits of learning. Around 900 courses are featured in the guide, including English for speakers of other languages, maths, photography, dance, languages, cookery, DIY and business. The courses are aimed at all abilities, with fees starting at £3.25 an hour, and are held at various times and venues. Amina Yasmin Pably has progressed in her English languages course.
She said: "I chose these courses because they made me open my mind and communicate with people from diverse cultures. Now I know how to book an appointment with the doctor and community centre. I will make myself a successful woman."
To find our more visit www.towerhamlets.gov.uk/ideastore or call 7364 5665.

News in brief

Apply for funding

ORGANISATIONS with great ideas to make their communities better are invited to apply for funding to turn their ideas into reality.

People's Health Trust has launched Active Communities, a funding programme for people wanting to create fairer places to live and work.

Using money raised through the Health Lottery, the trust is looking to invest in projects that support people living in Tower Hamlets and five other London boroughs.

The funding is for not-for-profit groups with an income of less than £350,000 a year, seeking investment of between £5,000 and £50,000 for projects lasting up to two years.

To apply, visit **www.peopleshealthtrust.org.uk** The closing date for applications is 1pm on Wednesday, October 14.

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Trip of a lifetime

"We feel very lucky and extremely privileged our schools were invited to take part in such a wonderful trip."

DEBBIE FERRY, PA, GEORGE GREEN'S SCHOOL

Do you have the stomach for it?

"We played a type of last man standing during our cleaning hour this morning before lunch, finding out who had the strongest stomachs and who could take the choppy water."

LOUIE SACARELLO, BELOW

40 youngsters navigate the English Channel on a tall ship. **Jessica Odubayo** reports

Ship's blog

DAY ONE: MARTIN ATSTOPAS AND JASON FOX

"None us had been on a tall ship before and it seemed a bit scary... but awesome at the same time.

"We were introduced to our watch leaders who showed us to our cabins and the bunks we were going to sleep in during the voyage. Then, after we had unpacked, we were called together for a meeting in the mess to meet the captain and crew.

"The afternoon was taken up by lots of training about safety, living on-board the ship, helming (steering the ship) and seamanship – it was a bit like school but with all the lessons crammed into an afternoon.

"We got fitted with safety harnesses for climbing in the rigging and waterproof trousers and jacket in case it rains. When it was time for us to have our evening meal, we were all happy because by then we were hungry. We had chilli and rice followed by ice cream.

"In the evening we had a quiz. After this we had showers and then were told to go bed and get some sleep before more training tomorrow.

"We were all excited and it seemed like ages before people started to go to sleep."

DAY FOUR: LOUIE SACARELLO

"Stavros had been powering all night along the southern coast by engine, heading into the wind, so no sails.

"From midnight till 4am, Red Watch was on duty on the bridge, ready in harnesses at 11.30pm. So they yawned their way till four, swapping lookouts (apparently not the best view!), steering the ship and gazing up at the stars clearer and brighter than ever – and past the Isle of Wight.

"We played a type of 'last man standing' during our cleaning hour this morning before lunch, finding out who had the strongest stomachs and who could take the choppy water.

"After dinner, we arrived just outside Dartmouth to be met by a pilot boat.

"We left Stavros for the first time to get on to dry land, stocking up on sweets (too many perhaps?) from Dartmouth's only 'supermarket'.

"Just afterwards, we headed to a nearby park to have a kick-around with a football and some chill time, finally getting a good, long, night's sleep on Stavros S Niarchos."

Pupils explore the rigging of the Stavros S Niarchos

Pupils sail new heights

FORTY students from five Tower Hamlets schools sailed the high seas as part of an adventure organised by Tower Hamlets Education Business Trust (EBP).

The pupils boarded tall ship Stavros S Niarchos at West India Dock on September 18.

They sailed around the English Channel, carrying out duties including steering the ship, putting up sails, conducting night and day watches, as well as more mundane tasks like cooking and washing up.

They ended their journey in Southampton on September 25.

Students from George Green's, Morpeth, St Paul's Way, Langdon Park and Oaklands schools all took part in the adventure.

While on board, the students blogged about the voyage (see panel, left).

Sophie Ripsher, project co-ordinator from the EBP, said: "The students gained so much from this experience – how many people can say they have spent a week aboard a tall ship?

"The trip enabled participants to develop a range of skills in a unique environment, such as leadership, communication and teamwork, as well as broadening their horizons – literally!"

"The schools would like to thank the Tall Ships Youth Trust, EBP and Investec for this amazing opportunity," said Debbie Ferry, head teacher's PA at George Green's School.

"We feel very lucky and extremely privileged that our schools are invited to take part in such a wonderful trip of a lifetime."

Pupils and staff on-board the Stavros

A world-class cycling experience

"There is no better place in the world to try track, BMX, mountain biking or road cycling than Lee Valley VeloPark. We hope that many of today's visitors will be inspired to continue cycling."

PAUL OSBORN, CHAIRMAN OF LEE VALLEY REGIONAL PARK AUTHORITY

Supporting education

Parmiter's education fund provides grants for students under 25. For information about applying, email...

RSORRELL@SORRELLS.ORG.UK

Pedal power pupils

BY JESSICA ODUBAYO

YOUNGSTERS from Swanlea School in Whitechapel cycled in the tracks of sporting legends like Sir Bradley Wiggins and Laura Trott, when they took part in a free schools festival at Lee Valley VeloPark.

Speaker of the council Cllr Abdul Mukit MBE met the group at the Velodrome and cheered the students on as they took part in the second annual schools event on Tuesday, September 29.

Lee Valley VeloPark gives riders the chance to tackle track cycling, BMX, road and mountain biking in one location and the youngsters experienced all four disciplines during an action-packed day.

Paul Osborn, chairman of Lee Valley Regional Park Authority, which hosted the festival, said: "We fund these schools festivals to give young people from across the region the chance to try sports for free in our inspirational venues.

Cllr Abdul Mukit MBE and Paul Osborn, chairman, Lee Valley Regional Park Authority (second from left) with Swanlea teacher Andrew Grant and pupils

"In 2015 alone over 1,000 young people will have taken part in our schools festivals.

"There is no better place in the world to try track, BMX, mountain biking or road cycling than Lee Valley VeloPark, which saw so much glory during London 2012.

"We hope that many of today's visitors will be inspired to continue cycling."

£200 book grants for uni students

UNIVERSITY undergraduates who grew up or went to sixth form in the old Metropolitan Borough of Bethnal Green gathered for the annual presentation of book grants by Parmiter's Bethnal Green Education Fund.

Grants of £200 were awarded to 62 students who studied at many Tower Hamlets schools.

Speaker of the council Cllr Abdul Mukit MBE presented the awards at the ceremony at Cambridge Heath Sixth Form to students embarking on degree courses across the UK.

Jemima Reilly, head teacher of Morpeth School, and Parmiter's trustee Mike Tyrrell praised the young people for their hard work and academic achievements and urged them to inspire and give back to the community in the future.

The fund was developed from a charitable gift made in 1681 by Thomas Parmiter, a silk merchant from Bethnal Green.

The first Parmiter's School was opened in Brick Lane in 1722 and, from 1887 to 1977, it was based at the site presently occupied by Raine's School in Approach Road.

Parmiter's is now in Hertfordshire, however, the education fund remains active.

For information about next year's grants, email Robin Sorrell, clerk to the trustees, at **RSorrell@sorrells.org.uk**

Buxton kids get it right

STAFF, pupils and parents at Thomas Buxton Primary have welcomed news that the school has been designated a 'rights respecting' organisation.

An assessor from UNICEF UK, which supports children and their rights, visited the Spitalfields school in July.

They spent the day speaking with staff, parents, governors and pupils about the school's work.

The assessor said he was impressed with the number of rights-respecting links made throughout the curriculum and noted that the whole school was aware that everyone in the world has rights.

The school returned at the start of the September term to news of the award.

Headteacher Lorraine Flanagan said: "We have been inspired by the discussion about what unites us as a community and how we can be aware of and respect the rights of all.

"I have been impressed by how considered and compassionate our children have been as they have learned about the articles.

"They have worked hard to integrate them into the fabric of daily school life, and into homes and the wider community.

"I am so glad that we embarked on this project and have achieved this award."

Share your memories of Trailblazers club

AN after-school club in Bethnal Green is encouraging parents to share memories of their children's times there, before it closes later this October.

Trailblazers, at Bethnal Green Mission Church, has served the community for more than 16 years.

The church, which houses the club, will be demolished and another built in its place.

Before it closes on Friday, October 23, Trailblazers will host a celebration from 5pm, to mark its achievements and say farewell to parents, carers and children who currently attend.

Those with memories to share should email Mark Hutchings at **youth@bgmchurch.plus.com**

TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 20 & 21

New law on lighting up

A ban on smoking in cars carrying children came into effect last week, just as people in the borough are also being urged to quit smoking for Stoptober – the 28-day mass quitting challenge.

Useful information

The ideal time to quit smoking

News from Tower Hamlets Public Health

THIS month will see a raft of new measures being brought in to help people give up tobacco and protect children from the harmful effects of smoking.

A new ban on smoking in cars came into effect last week, just as people in the borough are also being urged to quit smoking for Stoptober – the 28-day mass quitting challenge which also started on Thursday, October 1.

Drivers will be fined £50 if they smoke in their vehicle with a child present – the law is changing to protect children and young people from the dangers of being exposed to toxic second-hand smoke from cigarettes.

Smoke contains more than 4,500 toxic chemicals – 80 per cent of which are invisible – which can increase the risk of health problems such as bronchitis and asthma.

At the same time, the Royal London Hospital, along with all Barts Health hospitals, have also gone smoke free.

At Barts, all patients, visitors and staff are no longer allowed to smoke or use electronic cigarettes anywhere on trust premises, including doorways and car parks, a move which will contribute to creating a healthier environment for patients, visitors and staff.

Anyone spotted smoking will be asked to extinguish the cigarette and to leave the premises should they wish to continue smoking.

And our successful local Stoptober campaign will also start, with free support provided by Tower Hamlets' stop smoking teams including face-to-face counselling and advice.

Quitters are four times more likely to achieve success with support so get in touch by calling or visiting **www.towerhamlets.gov.uk/stoptober**

Many health groups have backed the new laws and council director of public health Dr Somen Bannerjee reminds us that smoky cars, full of toxic tobacco chemicals, are especially harmful to children because they have smaller lungs and less developed immune systems.

You can keep your family safe by keeping your car smokefree and taking advantage of the free help and advice to stop smoking.

No better time to check yourself

OCTOBER is also National Breast Cancer Awareness Month

Every year, nearly 55,000 people are diagnosed with breast cancer in the UK, that's the equivalent of one person every ten minutes.

And although it is true that there has been much progress made around cancer, there is still more to do.

One of the things that needs to be more widely known is how key early diagnosis is when it comes to cancer.

Unfortunately, late diagnosis of cancer is a particular problem in Tower Hamlets and one that we want to tackle; the earlier the disease is detected, the more likely it is to be successfully treated.

This is one of the reasons why women should regularly feel and look at their breasts, for signs of anything unusual.

Everyone is different so it is very important that people are familiar with the look and feel of their breasts, so that if they notice any changes they can go and see their GP.

Of course, not all changes will be related to cancer, there are many other conditions, but it is good to go and have any changes checked out.

Further information on the signs and symptoms of breast cancer can be found online at **www.nhs.uk**

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers.
Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group
Last Thurs of each month, 8pm.
31 Ridgdale Street, E3.
8981 1159

Parents Advice Centre (PAC)
Offers impartial advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-3.30pm.
7364 6489

LinkAge Plus
Toynbee Hall is one of five network centres that co-ordinates services and activities provided.
Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group.
Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House,
104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment).
Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14.
7538 4909
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street
Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt Line
0808 808 4000
www.nationaldebtline.co.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

Issue no. **Page no.**

Policies should support communities

"It is important to ensure the reduction of child poverty in Tower Hamlets and elsewhere is due to real improvements in living standards and all policies support mixed, cohesive communities."

MAYOR JOHN BIGGS

Pet protectors

The PDSA is the UK's leading vet charity, running 51 pet hospitals and more than 380 veterinary practices.

WWW.PDSA.ORG.UK

Tower Hamlets is making strides to end child poverty

Council welcomes new HMRC report showing significant improvement in recent years

BY SUSAN MULLIGAN

THE council has welcomed statistics showing that child poverty in the borough is decreasing.

The latest statistics released by HM Revenue and Customs (HMRC) set out the level of poverty faced by children across the UK.

They also measure the proportion of children living in low-income families.

The borough's child poverty rate has been showing significant improvement in recent years – falling from 60.3 per cent to 35.5 between 2006 and 2014.

Mayor John Biggs said: "I am pleased that the figures appear to show our families are benefiting from the council's work to reduce inequality and tackle disadvantage. We know that our local employment rate is the highest it has been since 2004; last year we were in the top ten inner London boroughs for getting students into university – and support from the council has played a key part in this success.

> "People should not be forced to move out of the borough, or capital, because of their income."
>
> Mayor John Biggs

"We have also delivered more housing than any other local authority in the country.

"However, I am concerned that the collective impacts of welfare reform, an overheated rental sector and a trend of rising house prices in the capital will undermine our local efforts to support the most vulnerable.

"Indeed, it could be that our reduction in child poverty is due to low-income families no longer being able to afford to live in our borough.

"I strongly believe that people should not be forced to move out of the borough, or the capital, because of their net household income."

The findings by HMRC were reiterated in a report released today by the Department of Communities, Localities and Culture (DCLG), which found that Tower Hamlets had become relatively less deprived since its previous report in 2010 and no longer featured in the list of 20 most deprived areas of the UK.

News in brief

Get your cat neutered

NURSING teams at PDSA Bow animal hospital are offering free neutering, microchipping and health checks for cats, in partnership with charity The Marchig Trust.

Pet owners need to be in receipt of housing benefit, council tax support or a reduction scheme too qualify.

For more information call 8980 5011 or email **darroch.kenny@pdsa.org.uk**

Volunteer wins award

A LOCAL volunteer was among those recognised at the annual Team London Awards held at City Hall.

Nigel Newton Sawyerr, a trustee at Volunteer Centre Tower Hamlets, has worked for more than 25 years as a football coach, befriender, campaigner and school governor.

Nigel collected his award on Monday, September 14 at a ceremony attended by Mayor Boris Johnson and TV presenter Anneka Rice.

Rowan and Dimitry join in with the fun. Below: a toddler clings on to her teddy

CHILDREN who went down to Victoria Park on August 19 were sure of a big surprise at a Teddy Bears' picnic organised by the council's parks team. More than 80 children took their favourite teddy bears and picnic baskets to the Hub Building, to join the fun with Vicky Park's own giant mascot teddy, Victor.

Children were enthralled by the storytelling, followed by games such as pass the parcel.

Parents, staff, children and teddy bears all thought the afternoon was a great success. Mum Louise Rivers said: "It was great day and my daughter had a brilliant time. The staff were amazing and really made it special."

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www.limehousedaynursery.co.uk

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Crucial first contact

Ahomadun often has to calm a patient, take their contact details, as well as find out about their physical condition.

'A great sense of team working'

The LAS plans to recruit about 160 people in the next six months and would like local people to fill the vacancies – ideally, people with good customer care, communication, IT and telephony skills.

SEE BELOW

Feature

When Ahomadun Ali turns up for work each day, he never knows what to expect. The 22-year-old from Whitechapel is an emergency medical dispatcher, who answers calls for the London Ambulance Service (LAS). **Jessica Odubayo** went to meet him. Photos by **Kois Miah**.

A reassuring voice behind 999 calls

THERE is no such thing as a typical day for Ahomadun Ali.

As an emergency medical dispatcher for the London Ambulance Service (LAS), he sends vehicles and paramedics to treat patients all over the capital.

A buzz in his earpiece alerts Ahomadun to an incoming call. He has to be ready to speak to the person on the line, often having to calm a panicking patient, take a name, address and contact details, as well as find out about their physical condition.

During the call, Ahomadun logs details on a computer, categorises the seriousness of the illness and lets the caller know that response is on its way.

"Some callers are polite, others may shout," he told East End Life.

"And I've dealt with calls where a patient has threatened to take their own life. I try to reassure them that I am on the line to help them."

In circumstances where the caller can't provide their contact details, emergency medical dispatchers attempt to call them back or trace their location.

> "I like the idea of being the first point of contact, making a difference to lives and giving back to the community."
> Ahomadun Ali

Right: Ahomadun and his colleagues answering calls from the public for the London Ambulance Service. They then send vehicles and paramedics all over the capital to treat patients

During his couple of years with the LAS, Ahomadun has taken calls from scores of children.

"With a child, we stay on the line until help arrives. In a lot of cases, I find it easier to deal with a child because they do not have a sense of urgency or panic," he told East End Life.

Ahomadun, who went to Stuart Headlam Primary School and Swanlea Secondary School, says he hasn't looked back since he came across an advert for the job and applied.

"I like the idea of being the first point of contact, making a difference to lives and giving back to the community," he said.

Now, Ahomadun visits local schools and gives talks to GCSE students about his job.

"I explain how I got into the role and that you don't necessarily need a medical background or formal qualifications to apply," he said.

"My family and teachers are proud that I work for a well-known organisation and I also tell them how the service works."

Recently, Ahomadun has done observation shifts on ambulances and fast response cars alongside paramedics attending 999 calls. He hopes this will develop his career in the service and help in achieving his goal of becoming a qualified paramedic.

"These shifts help me see both sides of the process. Face-to-face contact with patients helps me to understand some of the struggles the crews face," he said.

Jules Lockett, LAS practice learning manager, told East End Life that the workload of its emergency operations centres has grown dramatically in the last two or three years, receiving up to 3,000 calls in a 24-hour period.

Due to the increased workload, a site in Bromley-by-Bow that was used as an emergency back-up facility has been opened up as a training resource and control room.

Ms Lockett said when the transformation took place just over a year ago, the LAS looked to the local community to fill some of its vacancies.

"Things had started to flourish around here. The Docklands Light Railway is on our doorstep, more homes have been built, especially for first-time buyers, and more people have moved here," she told East End Life.

She believes the demographics of the area and the diversity of staff have given the LAS workforce a greater understanding of some of the religious and cultural issues that patients in London may talk about when they make emergency calls.

"Staff who speak more than one language can use their skills when speaking to non-English speaking callers. We also have access to a language line interpreter service," she said.

There are about 50 control room staff at the centre, who work a fixed rota of about 12 hours a day over 16 shifts per month.

Ms Lockett said the LAS plans to recruit about 160 people into similar roles in the next six months and, where possible, would like local people to fill the vacancies.

"Ideally, we are looking for people with good customer care, communication, IT and telephony skills," Ms Lockett said.

"We offer comprehensive training and the LAS is a good, fun place to work for those who have a great sense of team working and have the capability and willingness to put patients first and foremost."

For further information on the role of emergency medical dispatcher and how to apply, visit **www.londonambulance.nhs.uk/working_for_us/career_opportunities/control_room_staff.aspx**

Seven took up challenge

When the opportunity arose for NHS services to go into business as social enterprises, a team of seven started Accelerate CIC in November 2011.

SEE BELOW

Commissioning group

Tower Hamlets CCG is responsible for commissioning planned hospital care, maternity and mental health services.

WWW.TOWERHAMLETSCCG.NHS.UK

A care centre like no other

BY JESSICA ODUBAYO

MORE than 60 clinicians and patients attended the opening of a care and treatment centre for patients with complex wounds and lymphoedema.

Accelerate CIC, a social enterprise that was formerly part of the NHS, operates the centre at Mile End Hospital.

Lymphoedema is a chronic long-term condition that causes swelling in the body's tissues.

Known locally as the wound care or lymphoedema team, many of the staff have worked in the borough since 1994. They work closely with district and practice nurses, and nursing homes, as well as seeing patients who have hard-to-heal wounds or chronic swelling.

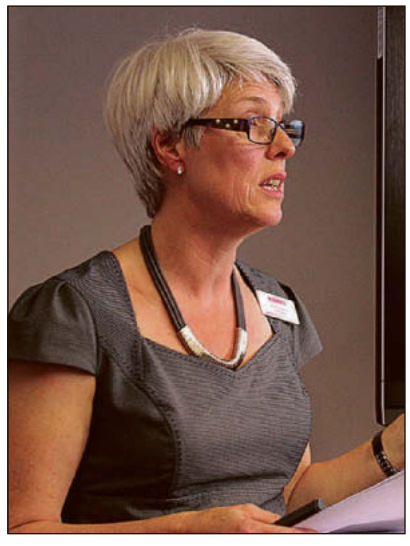
The launch event on Thursday, September 24 featured educational sessions for clinicians and stalls where visitors could find out more about compression garments and a borough-wide dressing scheme.

Speakers included Sir Sam Everington, chair of Tower Hamlets Clinical Commissioning Group, and Karen Friett, chief executive of the Lymphoedema Support Network.

Alison Hopkins, chief executive of Accelerate CIC, said she was delighted with the opening of the first centre of excellence for complex wound and lymphoedema care in London.

"This is great news for local residents and patients from further afield," she said.

Staff at the reception desk in the new Accelerate CIC treatment centre



Chief executive Alison Hoskins

News in brief

ESTEEM extension

A PILOT healthcare scheme has been extended until the end of the year.

ESTEEM self-care and self-management services, provided by a partnership of health and social care organisations in Tower Hamlets, will run until December.

Commissioned by the Clinical Commissioning Group, the services include:

- Harmony – a community singing group for those living with mental ill-health;
- Coping Options – a course helping to build self-esteem;
- Diabetes and Mental Health – group and individual support;
- Living with Hoarding;
- Living with Alcohol.

To find out how to use ESTEEM services, call Community Options on 8313 9725 or email **enquiry@community-options.org.uk**

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Tuesday 13 October
Thursday 15 October

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How to reach us

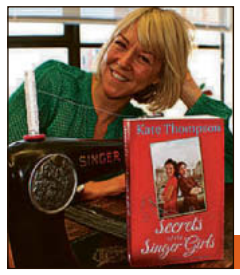
t: 0203 597 3675
e: headspa@wappinghigh.org
w: www.wappinghigh.org
p: 153 Commercial Road, London E1 2DA

I've been thrilled with how my children have settled in to Wapping High. They really enjoy going to school. We feel they are being nurtured as well as educated and we have good communication with the teachers.
Helen Jones, Parent

Music to their ears

Huguenot weavers kept canaries in cages so they could hear the birds singing as they worked.

WWW.HUGUENOTSOFSPITALFIELDS.ORG



Share your family wedding photo

In return for sharing your family wedding photo, author Kate Thompson (pictured left) is offering a chance to have a character in her book named after the bride in the picture.

SEE BELOW

History in brief

Annual Bengal History Week

VOLUNTARY organisation Brick Lane Circle is hosting its sixth annual Bengal History Week from October 17-26 and is inviting residents to a series of walks, talks and presentations.

Activities include a half-day conference on major events, issues and struggles on Saturday, October 17 from 2.30-8pm at Brady Arts Centre, 196 Hanbury Street, Whitechapel.

There will be a presentation on Michael Madhusudan Dutt, the people's playwright, by Sharmeen Haque on Sunday, October 18 from 2.30-4.30pm at Idea Store Whitechapel, 321 Whitechapel Road.

And a talk on the rise and fall of the Portuguese in Mughal Bengal by Robert Ivermee will take place on Monday, October 19 from 6.30-8.30pm at Idea Store Whitechapel.

Entry is free to all events. Visit **www.bricklanecircle.org**

Huguenot plaque

A PLAQUE dedicated to the first refugees that fled persecution in France and settled in Spitalfields has been unveiled.

Huguenot historian Professor Robin Gwynn uncovered the plaque outside Hanbury Hall, Commercial Street, which was once La Patente, a Huguenot chapel.

The ceremony, on Sunday, September 27, marked the end of this year's Huguenot summer festival, which highlighted the contribution of the silk weavers to the skills base of England.

Visit **www.huguenotsofspitalfields.org** for further information.

They had no money, but

BY HELEN WATSON

EVER fancied having a character in a novel named after you? Well, now is your chance.

Author Kate Thompson, whose debut novel Secrets of the Singer Girls – inspired by the war work of East End seamstresses – was published last spring, is now penning her third book and is appealing to East End Life readers for inspiration.

"Secrets of the Wedding Belles is set in 1936 and I'd love to find out as much as possible about the incredible wedding heritage of the East End," Kate said.

"I find it so awe-inspiring that most young newlyweds of the 1930s through to the 1950s and beyond, married on a shoestring and yet had the most memorable weddings.

"They scarcely had a penny to their name and yet the whole neighbourbood pitched in to help and turned out to give a young couple the best possible send-off.

"These weddings may have lacked the lavish trimmings and luxury honeymoons we see today, but they were rich in love.

"War-time East End weddings weren't just about love, they were about hope for a brighter future and for one glorious day, escaping the drudgery, work and fear of a turbulent world," Kate added.

In return for sharing yours, or your family's wedding photo with Kate, you will enter a prize draw and get the chance to have a character in the book named after the bride in your photo.

A Singer 1507 sewing machine, three 12-month subscriptions to craft magazine Mollie Makes, a deluxe sewing kit and a signed copy of Secrets of the Singer Girls are also up for grabs.

And the weddings don't have to have been lavish affairs. Kate is keen to see all photos, from registry offices to simple church dos.

> "Oh, it was such a laugh, there was nothing stuffy about my big day! The whole street rejoiced in my and Ernest's joy."
>
> Doris Seacole, 94, above

"I interviewed a lovely 94-year-old lady from Poplar today at St Matthias Church Community Centre and she told me the most moving story," Kate said.

Doris Seacole was an 18-year-old milliner when she fell in love with a tall, dashing man who wolf-whistled at her down Poplar High Street.

"Ernest Seacole and I fell head over heels and we couldn't bear to spend a moment away from each other, but then war broke out and we were torn apart.

"Ernest joined the Royal West Kent Fusiliers and was posted to Greece, but despite this we wrote to each other every day. 'My dearest, darling Doris, I'm fighting this war for you, so I can come home into your arms,' Ernest wrote.

"And he did. On a blustery March day in 1944 Ernest did return to the East End and we married in Christ Church on the Isle of Dogs. Him looking so handsome in uniform, me in a simple white dress bought on coupons.

"We didn't have a penny to our names, but thanks to our neighbours and the whole community we didn't go without.

"Everyone pitched in and the street raided their larders and pooled their rations so we had a table heaving with sausage rolls and trifles.

"We had the reception at my mum's and she only lived in a tiny two-bed terrace, so we had to have two sittings."

Doris giggled: "It was such a shambles, but it weren't half a lot of fun. Mum thumped out the tunes on a piano. She sang, 'Down with the old Hitler, up with the red, white and blue'. Everyone kept handing her Guinness after Guinness and, as the afternoon wore on, the windows got steamier, the singing louder and everyone did a conga up the street.

"Oh, it was such a laugh, nothing stuffy about my big day. The whole street rejoiced in our joy and it was a real event for everyone to enjoy.

Pat Spicer on her wedding day

Life in the East End in the early 1900s

One of William Whiffin's earliest photographs depicts an airship looming over Cotton Street during the First World War; one of the latest depicts the Lansbury Estate in 1953.

SEE BELOW

Photo exhibition

An exhibition by William Whiffin runs at Tower Hamlets Local History Library & Archives until November 19.

SEE BELOW

hearts full of hope

"We spent our first night as man and wife sleeping on the floor of Mum's front parlour and had a walk in the park the next day. That was our honeymoon! I didn't care.

"Back then, the wedding day itself wasn't so important, it was the rest of our married lives, which meant something.

"The war just made our pleasures all the sweeter. No one knew what tomorrow would bring, so we made the best of every day.

"Ernest survived the war, even going on to work as a batman for actor David Niven, and we had two lovely sons.

"After living through the Blitz and so much conflict, we had such dreams for our retirement, cruises and so on. But Ernest suffered a stroke and died too young.

"I will always remember that blustery day on the Isle of Dogs, my veil whipping around my face, clutching a bouquet of red carnations; a young woman marrying in a utility dress with a heart full of hope."

If, like Doris, your wedding day photos tell a story, Kate would love to hear from you.

If you want to share the story behind yours or your family's special day, get in touch with Kate by emailing **katethompson380@hotmail.com**, or go to **www.facebook.com/SecretsOfTheSingerGirls**

Secrets of the Singer Girls is out now, published by Pan Macmillan and available to buy from Amazon.

> **"They barely had a penny to their name... the whole neighbourhood pitched in to give the young couple the best possible send-off."**

Above: Dot Smee, 88, from Bethnal Green and, below, on her wedding day to James

Manchester Rd and Milverton ship, 1918, by William Whiffin
Photo courtesy of Tower Hamlets Local History Library & Archives

EXPLORE the East End in the first half of the 20th century at a new photography exhibition.

An exhibition by pre-eminent photographer William Whiffin opened at Tower Hamlets Local History Library & Archives on September 10.

The exhibition, which runs until November 19, shows the everyday life of the East End between the wars.

Whiffin's images are powerful, evocative and sometimes playful – and many think they are some of the finest photographs of the area ever produced.

Whiffin was a commercial photographer, employed by Poplar Council to record its work and activities. He was fascinated by local history and, as early as 1916, was offering his services for free to assist with Poplar Library's local history collection. His works capture the everyday life of London – in what would now be described as street photography – including the Chinese community in Limehouse, dock workers on strike, people packing local markets and at leisure in the art deco Poplar Baths, as well as shops, pubs and bomb sites.

Mayor John Biggs said: "We are very proud of our heritage in Tower Hamlets and nowhere is this exemplified more than at the Local History Library, with its unrivalled collection of material relating to the borough. "Most of the pictures on display are selected from over 1,000 photographs by Whiffin donated by his family."

Cllr Asma Begum, cabinet member for culture, attended the launch and extended a special thank you to William Whiffin's granddaughter, Helen Martin, for her support.

On the back of this exhibition, the library and archives is launching a programme of events around the topics of street photography and William Whiffin. This includes walks around Whiffin's Poplar and talks about early photography techniques. Visit www.ideastore.co.uk/whiffins-east-end

Cllr Begum with Whiffin's granddaughter, Helen Martin

Underground source

Wapping Ornamental Canal flows into the Thames and its source is an underground river.

SEE BELOW

There's life in the old duct yet

As well as making the canal look more attractive, the rafts will improve the canal for wildlife by providing nest sites for birds, and food and shelter for fish and invertebrates.

News

Floating rafts added as part of ornamental canal clean-up

RESIDENTS and visitors are set to benefit from a project to clean up the Wapping Ornamental Canal.

The enhancement scheme follows a successful clean-up by the council and volunteers from Citibank in June.

The second stage saw six floating rafts installed, providing space for native waterside plants in the canal by Tobacco Dock.

The work was led by council officers and Bow Landscapes with help from volunteers.

Three large rafts now float in the middle of the canal, with three narrow ones along the southern wall.

In the third stage, the council is proposing to improve water quality and wildlife habitat at the western end of the canal by installing floating reed beds.

A CLEAN-UP by schoolchildren from the London Enterprise Academy took place in Ropewalk Gardens, E1 on Wednesday, September 23.
Twenty children aged 11-12 collected rubbish from the park and were rewarded with hard-earned cake and juice.
The litter-pick was part of the Beautiful Boroughs project organised by charity CleanupUK, which was assisted by the council's clean and green team and pupils.
CleanupUK is a charity dedicated to tackling the problem of litter and fly-tipping across the country.
The Beautiful Boroughs project works with residents across ten London councils to remove litter.
Pupils from the academy are planning regular clean-ups to maintain the space for themselves and others to enjoy.

Have your say

on the proposal for the new Silvertown Tunnel

We're giving you an opportunity to have your say on the proposal for a new tunnel at Silvertown, before a planning application is submitted in Spring 2016. The new tunnel will:

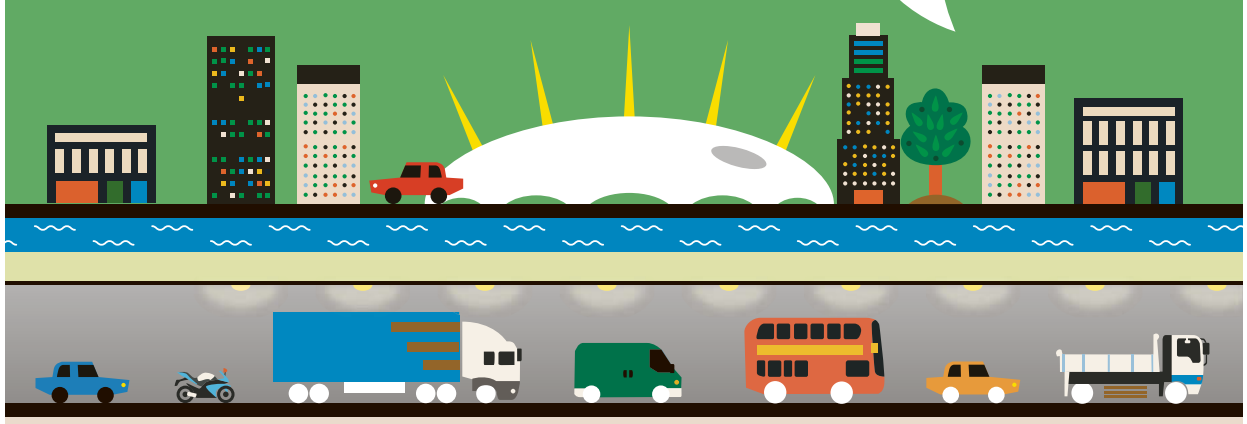
- Reduce queuing at the Blackwall Tunnel by providing a nearby alternative river crossing
- Offer new cross-river bus link opportunities
- Support the creation of new jobs and homes

Our scheme includes a proposal to introduce a charge to use the Blackwall and Silvertown Tunnels. This would help manage traffic-flow and fund the new tunnel.

To find out more please visit tfl.gov.uk/silvertown-tunnel or go to your local roadshow:

Canary Wharf Shopping Centre,
Canada Place crossroads, E14 5AB
Tuesday 20 October, 10:00-19:00

The consultation ends 29 November 2015



MAYOR OF LONDON

TRANSPORT FOR LONDON
EVERY JOURNEY MATTERS

Crackdown on parking

BY STEFAN SWIFT

THE council has been working with the police to carry out enforcement action against people parking illegally in the borough.

The borough's parking contractor (removals and estates), NSL, and Tower Hamlets Homes (THH) worked together on an operation to ensure residents and visitors comply with the parking regulations, while helping to tackle any possible links to criminal activity.

Police officers joined NSL and the council's parking, mobility and transport services team on September 7 on visits to the Ocean, Approach and Solander Gardens estates.

The police were keen to clamp down on any vehicles allegedly used in drug dealing and money laundering activities.

Council and police officers identified nine vehicles as potentially abandoned – the majority are linked to criminal activity and have no registered keeper.

One of the nine suspected had previously been reported as stolen.

Some of these vehicles have been removed and may be scrapped as they are thought to be directly linked to ongoing criminal activity.

Many parking restrictions signs had been removed on the estates. The council is now working to reinstate them.

A total of 14 tickets were issued during the first operation of its kind, and the aim is for these to be undertaken once every six weeks.

Cllr Ayas Miah, cabinet member for environment, said: "I am really pleased that this first operation was considered such a success by everyone involved, and continued collaborative working will only help the borough become a safer place."

Quitting while still ahead

Perhaps Geare's greatest achievement was getting out of the piracy game with his head still attached to his shoulders, and not succumbing to sickness in a foreign land.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

The sea brought riches to many men who were prepared to risk it all

BY JOHN RENNIE

A battle on the high seas

Elizabeth I gave Geare a knighthood

Cockney 'pirate' kept his head to become a knight

THE defeat of the Spanish Armada, the victories of Nelson, trade routes that snaked out from Wapping to bind the world and its riches to London, even the raising of the fleet of 'little ships' in the Allies retreat from Dunkirk in the Second World War.

Britain's sense of itself is forever bound up with the sea. Unsurprising perhaps for a little island nation which, ever since the days of Elizabeth I, managed to punch above its weight thanks to its navy.

But it's an uncomfortable truth that the fearless figures responsible for taking England from the second division of European powers to a mighty empire were hardly clean-cut senior servicemen but were rather... well, pirates and slavers.

And a select group of sailors, The Sea Dogs, as they became known, did more than any others in the last two decades of the 16th century to transform England from an also-ran island off the coast of Europe (not a patch on Spain, France or Holland) into one of the greatest empires the world has ever seen.

The Sea Dogs, served two vital functions for Queen Elizabeth I. As they plundered their way around the Seven Seas, relieving Spanish ships of their cargoes of gold, sugar and even slaves, they enriched the English exchequer and weakened the Spanish – along with the Dutch, the main threat to English (and then British) domination of the waves and all-important trade routes.

Many of these men operated out of the warren of streets radiating from the London Docks at Wapping and Limehouse.

Michael Geare, a humble Cockney lad who in later years would be garlanded as Sir Michael, wasn't the best known of their number – Sir Humphrey Gilbert, Sir Francis Drake and Sir Walter Raleigh are all more famed – but his career was unusually long and successful and, unlike some of his fellows, he survived royal disfavour and the gallows to retire rich and comfortable back to the East End.

It was an extraordinary ascent for a Stepney guttersnipe, but then Geare was an extraordinarily driven character.

Born in Limehouse in 1565, he was always going to end up at sea, and embarked on his first adventures with Sir George Carey, a favourite of Elizabeth I, moving on to sail under Captain John Watts.

Watts, an East End merchant and shipowner, would become one of the founding fathers of both the East India and Virginia Companies. But in the 1580s he was, in all but name, a pirate. In 1591, Geare was made captain of the Little John, one of a flotilla of five ships under the command of William Lane (and financed by a group including Drake).

> **Michael Geare then did what many rich rogues (and City businessmen) do in their dotage: he began disbursing his money to the poor of his community.**

Lane was effusive in his praise of Geare, and of his sometimes reckless bravery in the heat of the fight. In sea battles with the Spaniards, Geare would 'liberate' large quantities of booty for his backers, secrete away a generous share for himself, and augment his earnings by smuggling goods back through Limehouse.

Within a year or two, Geare had done so well that he was able to buy a share in the Little John, in partnership with his former boss Lane. It's said to be unlucky to rename a ship, but Geare had no such qualms, rechristening his trusty vessel the Michael and John. Over the following three years, Geare would run four hugely lucrative expeditions in his ship. Then in 1595, disaster struck.

An encounter with a Spanish warship, off Havana in Cuba, saw the Michael and John come off much the worse. The fight cost the lives of 50 of Geare's crew, and he fled for England.

The following year, now in command of the Neptune, Geare was operating off Jamaica, where he came into the employ of Sir Anthony Sherley, a nobleman turned pirate who spent the 1590s picking off Spanish ships... before neatly changing sides in the 1600s. (Sherley would die destitute in Spain in 1637).

Geare, Sherley and another member of the gentry turned privateer, William Parker, now turned their attentions to the seas of Honduras, capturing three valuable Spanish ships, and managing to get two of them back to Wapping, where they were stripped of their booty and sold.

Increasingly audacious adventures ensued, increasingly with fellow Limehouse privateer, Christopher Newport.

Newport would go on to fame in the 1600s as one of the leaders of the expedition to found Jamestown, the first permanent English settlement in the Americas.

According to the archaeologist William Kelso, Jamestown was where the British Empire began. Newport, like so many others, would never return to a peaceful retirement in London, dying in Java on a 1617 voyage for the East India Company.

Indeed, with all his remarkable feats, perhaps Geare's greatest achievement was getting out of the piracy game with his head still attached to his shoulders, and not succumbing to sickness in a foreign land.

He even got out still with the favour of the by-now-ailing Queen Elizabeth.

In 1603, the privateer retired to rural Stepney, building himself a grand manor house and – to complete the picture of comfortable respectability – received a knighthood from the Queen. The only sign of the raffish background of Sir Michael was the small dagger hung outside the house.

Michael Geare then did what many rich rogues (and City businessmen) do in their dotage: he began disbursing his money to the deserving poor of his community.

His charity of choice was East End families of those lost at sea, and returned Limehouse sailors fallen upon hard times.

The working-class Cockney had made it good by being very bad indeed, but in his declining years (with one eye on the destination of his mortal soul, no doubt), he ensured he was on the side of the angels.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179

বারায় শিশু দারিদ্রের হার ৬০ থেকে ৩৫ ভাগে নেমেছে

টাওয়ার হ্যামলেটসে শিশু দারিদ্রের হার কমে আসছে বলে এইচএম রেভিনিউ এন্ড কাস্টমসের এক স্ট্যাটিকসে বলা হয়েছে। গত এক বছরেই শুধু এই দারিদ্র কমেছে প্রায় ৪ শতাংশের মতো। এই সাফল্যের পেছনে কাউন্সিলের রয়েছে গুরুত্বপূর্ণ ভূমিকা। বিস্তারিত পড়ুন নিচে:

DROP IN CHILD POVERTY FIGURES IN BOROUGH

Harmony

Maka dhiibatay ra,yi isbedelka East End Life

East End Life to become fortnightly – issue 1079

DUQA Tower Hamlets, John Biggs, wuxu sharaxaad ka bixiyey qorshihiisa ah in isbedel lagu samaysnayo East End Life.

Daabacadan oo todobaaadle ah, waxa lasoo saari doonaa labadii todobaadba hal mar, marka la gaadho dhamaadka sanadkan, waxana dib u eegis lagu samaynayaa sida uu councilku ula xidhiidhayo dadka degmada degan.

Duqa Biggs ayaa wuxu yidhi: "East End Life waxay qayb muhiim ka qaadatay 23kii sanadood ee u dambeeyey, in councilku u gudbiyo dadka degmada degan warbixinta ku saabsan shaqada councilka, wakaaladaha uu la shaqeeyo iyo munaasibadaha la xidhiidha bulshada degmada.

"Si kastaba ha-ahaatee waqtigaa 20ka sanadood ka badan ee daabacadami soo baxaysay aduunyadu way isbedeshay,

Season's greetings to all our readers and advertisers

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Giving the gift of friendship

gaar ahaan isticmaalka internetka, waana waqtigii daabacadan dib u eegis lagu samayn lahaa. Waxa la gaadhay waqtigii la filayey in councilku ku dhaqmo tilmaantii dawlada ee ku saabsanayd in councilku xadido daabacada East End Life.

"Waxaan dalbay wakiilo councilka ka baxsan oo dib u eegis ku sameeya, guud ahaan isgaadhsiinteena, si loo hubiyo in sida ugu fiican loola xidhiidho dadka degmda degan mustaqbalka soo socda. Iyadoo la isticmaalayo qalabka casriga ah,

Bringing home the Bacon

The impact of welfare reform

Cambridge Heath past

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

PROTESTERS CALL FOR CYCLE SAFETY

French student is first to die on a 'Boris bike'

A CLOSE ENCOUNTER

inagoon halmaamayn baahiyaha kala duwan ee ay u baahan tahay bulshadeena kala duwani."

Si aad aragtidaada uga dhiibato, sidaad jeceshahay inaad u hesho warbixinta ku saabsan shaqada councilku qabto, ama hindisaha ku saabsan isbedelka lagu sameeyey East End Life, waxaaad email usoo diri kartaa **consultation@towerhamlets.gov.uk**, ama wac 7364 0811 ama qoraal usoo dir qaybta isgaadhsiinta, Tower Hamlets Council, 6th floor, Mulberry Place, London E14 2BG.

টাওয়ার হ্যামলেটসে শিশু দারিদ্রের হার কমছে

Drop in child poverty figures in borough – page 9

টাওয়ার হ্যামলেটস বারায় শিশু দারিদ্রের হার কমে আসছে বলে এইচএম রেভিনিউ এন্ড কাস্টমস এর(এইচএমআরসি) এক স্ট্যাটিক সে উল্লেখ করা হয়েছে। এই পরিসংখ্যানকে স্বাগত জানিয়েছে টাওয়ার হ্যামলেটস কাউন্সিল।

সর্বসাম্প্রতিক এই পরিসংখ্যান অনুযায়ি ২০০৬ সাল থেকে ২০১২ সালের মধ্যে বারার শিশু দারিদ্রের হার ৬০.৩ শতাংশ থেকে নেমে এসেছে ৩৫.৫ শতাংশে। শুধুমাত্র গত বছরেই এই হার ৩৯.০ থেকে ৩৫.৫ শতাংশে নেমে এসেছে।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেছেন: বৈষম্য কমানো ও সুবিধা বঞ্চিত পরিস্থিতি মোকাবেলায় কাউন্সিলের কার্যক্রম থেকে আমাদের পরিবারগুলো উপকৃত হচ্ছেন, এই পরিসংখ্যানে তা উঠে এসেছে দেখে আমি আনন্দিত।

মেয়র বলেন: ২০০৪ সালে থেকে আমাদের এই বারায় কর্মসংস্থানের হার সর্ব্বোচ্চ। আমাদের শিক্ষার্থিদের ইউনিভারসিটিতে ভর্তি হওয়ার সংখ্যার দিক থেকে গত বছর আমরা ইনার লন্ডন বারাগুলোর প্রথম দশটির মধ্যে ছিলাম।

এসব সাফল্যের পেছনে কাউন্সিল গুরুত্বপূর্ণ ভূমিকা পালন করেছে।

পুরো দেশের মধ্যে আমরা অন্য যে কোন লোকাল অথরিটির চাইতে বেশি হাউজিংয়ের ব্যবস্থা করেছি।

তবে সহায়তা পাওয়ার সবচেয়ে বেশি দাবীদার স্থানীয় বাসিন্দাদের জন্যে আমাদের স্থানীয় সব প্রচেষ্টা ক্ষতিগ্রস্ত হয়ে পড়বে ওয়েলফেয়ার সিস্টেমে সংস্কারের সার্বিক প্রভাব এবংলন্ডনে ঘরের ভাড়া ও দামের অস্বাভাবিক উর্ধ্বগতির কারণে।

শিশু দারিদ্রের হার আমরা কমিয়ে আনতে সক্ষম হয়েছি, কিন্তু এমন হতে পারে যে, স্বল্প আয়ের পরিবারগুলো আমাদের এই বারায় আর বসবাস করতে সক্ষম নাও হতে পারেন।

আমি দৃঢ়ভাবে বিশ্বাস করি, আয় উপার্জনের ভিত্তিতে লোকজনদের এই বারা থেকে বা লন্ডন থেকে অন্যত্র চলে যাওয়ার জন্যে বাধ্য করা উচিত নয়।

ব্যয় কর্তনের চলমান ব্যবস্থার প্রভাব বিবেচনা করে দেখতে আমি সরকারের প্রতি আহবান জানাই। আরও অনেক বারার মতো আমরা দেখতে পাচ্ছি, বেনিফিট ব্যবস্থায় পরিবর্তন ও বাসযোগ্য একটি ঘর খুঁজে পেতে সক্ষম না হওয়ার কারণে ক্ষতিগ্রস্ত মানুষদের সংখ্যা দিন দিন বেড়ে চলেছে।

টাওয়ার হ্যামলেটস ও অন্য সকল স্থানে জীবন মানের সত্যিকারের উন্নয়ন করে শিশু দারিদ্রের হার কমিয়ে আনা ও সব পলিসি যেন মিশ্রিত ও যুথবদ্ধ কমিউনিটিগুলোর জন্যে সহায়ক হয় তা নিশ্চিত করা গুরুত্বপূর্ণ।

এখানে উল্লেখ করা যেতে পারে যে, মেয়র জন বিগস টাওয়ার হ্যামলেটসের ছাত্রদের সহায়তায় সাপোর্ট গ্র্যান্ট অব্যাহত রাখার বিষয়ে অতি সম্প্রতি একটি চুক্তিতে উপনীত হতে সক্ষম হয়েছেন। এর ফলে আর্থিক চাপে থাকা স্বল্প আয়ের পরিবারগুলোর কিছু পরিমাণে সহায়তা হবে।

Kaydi biilka tamarta

Save on energy bills – issue 1079

IYADOO uu bilowday xiligii qaboobuhu, dadka degmada degan waxa lagula talinayaa inay saxeexan mashruuc u suura gelinaya inay kayd badan ka samayn karaan lacagta ay ku bixiyaan tamarta biilasha.

Qaybta councilka ee mashruuca awooda tamarta bulshadu wuxu taageerayaa dadka degmada degan oo helaya awood ay ku iibsan karaan tamarta, si loo hubiyo in dadka mashruucan ku jira ay shirkadaha tamarta bixiyaa kaga iibiyaan qiimaha ugu wanaagsan.

Qaybta councilka ee mashruuca awooda tamarta bulshadu, waxay kaloo ka mid noqdeen The Big London Energy Switch, si mashruuca loo dhiso.

Waqtiga ugu dambeeya ee wareega labaad ee mashruucan laga mid noqon karaa waa Isniinta, 12ka Oktoobar, iyadoo maalinta ku xigtaa noqonaysa maalinta xaraashka tamarta.

Diiwaan gelinta mashruucu waa bilaash waana fududahay.

Xaraashkii tamarta ee ugu dambeeyey wuxu qabsoomay bishii May 2015kii, dadka degmada deganina waxay biilkooda ku arkeen qiyaas ahaan kayd ah £219.99 sanadkiiba.

Shirkadaha tamartu waxay dalabkan u sameeyaan, si ay dadka u siiyaan qiimaha ugu wanaagsan, Shirkadaha ugu qiimaha wanaagsani waxay dadka ugu deeqaan inay yeaashaan awood dheeraad ah, marka iibku xidhmo.

Marka qofku saxeexo mashruuca, waxa la weydiinayaa macluumaadka tamarta uu isticmaalay waqtiyadii ugu dambeeyey.

Hadaad rabto inaad iminka isdiiwaan geliso, ma jiro sharci kaa horjoogsanaya inaad bedesho sharkada tamarta aad isticmaasho, waxaanad booqan kartaa **www.towerhamlets.gov.uk/energy** ama wac tilifoonka bilaashka ah 0800 508 8364.

গ্রীন ফ্ল্যাগ উড়ছে এবার বারার ৯টি জনপ্রিয় পার্কে

Nine Green Flag awards for parks – issue 1076

টাওয়ার হ্যামলেটসের জনপ্রিয় পার্কগুলো চলতি বছর অর্জন করে নিয়েছে মর্যাদাবান নয়টি গ্রীন ফ্ল্যাগ এওয়ার্ড। গত বছর ছয়টি গ্রীন ফ্ল্যাগ এওয়ার্ড জিতেছিলো এই বারার পার্কগুলো।

চলতি বছর এওয়ার্ড পাওয়া পার্কগুলো হচ্ছে: সেন্ট জর্জেস গার্ডেন, মাইল এন্ড পার্ক, ট্রিনিটি স্কোয়ার গার্ডেন্স, মিলওয়াল পার্ক, আইল্যান্ড গার্ডেন্স, ভিক্টোরিয়া পার্ক, উইভার্স ফিল্ডস, আলতাব আলী পার্ক ও পপলার রিক্রিয়েশন গ্রাউন্ড।

ভিক্টোরিয়া পার্ক চলতি বছর গ্রীন ফ্ল্যাগ হেরিটেজ এওয়ার্ডও অর্জন করেছে। উল্লেখ্য, বাসিন্দাদের ভোটে চলতি বছরসহ পরপর দুবছর ধরে পিপলস পার্ক হিসেবেও নির্বাচিত হয়ে চলেছে ভিক্টোরিয়া পার্ক।

এই এওয়ার্ড প্রাপ্তি প্রমাণ করে যে, নগর লন্ডনের একেবারে কেন্দ্রস্থলে অবস্থান হওয়া সত্ত্বেও স্থানীয়দের জন্যে কাউন্সিল দক্ষতার সাথে আকর্ষণীয় সবুজ খোলা স্থান গড়তে সাফল্যের স্বাক্ষর রাখছে।

মেয়র জন বিগস বলেছেন: আমাদের পার্ক টিম এবং পার্কের দেখাশোনার দায়িত্ব পালনকারী কমিউনিটি গ্রপগুলো পারদর্শিতায় নিজেদেরই ছাপিয়ে গেছে।

কেবিনেট মেম্বার ফর কালচার কাউন্সিলার আসমা বেগম বলেছেন: কাউন্সিলের কঠোর শ্রমের স্বীকৃতি গ্রীন ফ্ল্যাগ এওয়ার্ড প্রাপ্তি।

কেবিনেট মেম্বর ফর এন্‌ভায়রনমেন্ট কাউন্সিলার আয়াস মিয়া বলেন: লন্ডনের মতো জনাকীর্ণ মহানগরে স্বস্তিতে খানিক সময় কাটানোর প্রয়োজনটুকু আগের চেয়ে এখন আরও বেশি। এজন্যেই আমরা আমাদের পার্ক ও খোলা স্থানগুলোকে সর্ব্বোচ্চ মান সম্পন্ন পর্যায়ে রাখার ওপর এতো বেশি গুরুত্ব দিয়ে থাকি।

মানসিক স্বাস্থ্য সুরক্ষার কাজ অগ্রাধিকার পাবে

টাওয়ার হ্যামলেটসের বহুদলীয় কাউন্সিলাররা মানসিক স্বাস্থ্য উন্নয়নে উদ্যোগি হয়ে কাজ করা ও মানসিক সমস্যায় ভুগছেন এমন বাসিন্দাদের সম্ভব সব সহায়তা দেয়ার সর্বসম্মত অঙ্গীকার করেছেন। এ সম্পর্কিত বিস্তারিত সংবাদ পড়ুন নিচে:

MENTAL HEALTH TO BE A PRIORTY

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Harmony

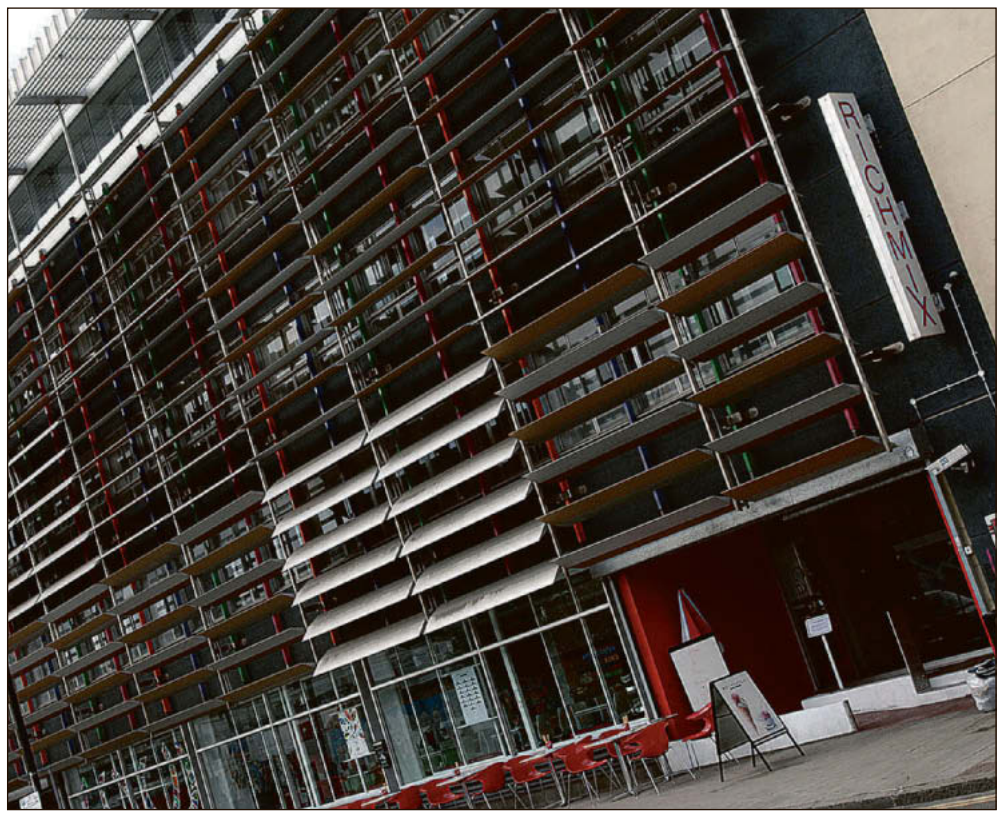
Rich Mix's future is secured – page 3

রিচ মিক্স নিয়ে আইনী বিরোধের নিষ্পত্তি

টাওয়ার হ্যামলেটস কাউন্সিল ও রিচ মিক্স কালচারাল ফাউন্ডেশনের মধ্যকার আইনী বিরোধের নিষ্পত্তি হয়েছে। দুই পক্ষ থেকেই এই নিষ্পত্তির ঘোষণা দেয়া হয়েছে। এর ফলে হাইকোর্টে এ বিষয়ে চলমান আইনী প্রক্রিয়ার আবসান হলো। এর ফলে রিচ মিক্সের ভবিষ্যত যাত্রা সংকটমুক্ত হলো।

প্রতিষ্ঠানের চীফ এক্সিকিউটিভ জেইন আর্ল বলেছেন: কাউন্সিলের সাথে এ বিষয়ে সমঝোতায় পৌঁছুতে পেরে আমরা আনন্দিত। এর ফলে আমাদের স্থানীয় কমিউনিটির জন্যে আকর্ষণীয় শিল্পকলার আয়োজন ও সেই সাথে লন্ডনের সৃজনশীল দৃশ্যপটের একটি গুরুত্বপূর্ণ অংশ হিসেবে আমাদের ভূমিকা পালন অব্যাহত থাকবে।

বিরোধ নিষ্পত্তির অংশ হিসেবে রিচ মিক্স ২০১০ সালের আগস্টে কাউন্সিলের স্ট্র্যাটেজিক ডেপেলপমেন্ট কমিটির দ্বারা অনুমোদিত সেকশন ১০৬এর অর্থ বরাদ্দ পাচ্ছে, বিনিময়ে তারা ২০০৩ সালে কাউন্সিলের দেয়া ৮৫০,০০০ পাউন্ড লোনের অর্থ ফেরত দিতে এবং এক্সটারনাল কস্ট বাবত আরও কিছু অর্থ প্রদানে সম্মত হয়েছে।



Right: Rich Mix

মানসিক স্বাস্থ্যসেবার উন্নয়নে কাউন্সিলারদের অঙ্গীকার

Council says mental health to be a priority – issue 1079

টাওয়ার হ্যামলেটস বারায় মানসিক স্বাস্থ্যের উন্নয়নে অগ্রাধিকার দিয়ে কাজ করার অঙ্গীকার করেছেন বারার কাউন্সিলাররা। টাউন হলে ১৬ সেপ্টেম্বর আয়োজিত মানসিক স্বাস্থ্য সম্পর্কিত এক বিতর্কে অংশ নিয়ে এই অঙ্গীকার তাঁরা করেন।

এর আনুষ্ঠানিক নাম হচ্ছে লোকাল অথরিটিজ মেন্টাল হেলথ চ্যালেঞ্জ, যার আওতায় কাউন্সিলাররা স্থানীয়ভাবে মেন্টাল হেলথ বা মানসিক স্বাস্থ্য বিষয়ে উদ্যোগী হয়ে কাজ করবেন ও মানসিক সমস্যায় ভুগছেন, এমন বাসিন্দাদের সম্ভব সব ধরণের সহায়তা প্রদান করবেন।

সরকারের সহযোগিতায় মানসিক স্বাস্থ্য বিষয়ে দেশের শীর্ষস্থানীয় চ্যারিটি সংস্থাসমূহ এবং মেডিক্যাল সংস্থাসমূহের সাথে পার্টনারশিপে এই চ্যালেঞ্জ হাতে নেয়া হয়েছে।

মেন্টাল হেলথ ইস্যুর প্রতি আরও বেশি করে দৃষ্টি দেয়ার জন্যে মেন্টাল হেলথ চ্যাম্পিয়ন হিসেবে কাউন্সিলের পক্ষ থেকে দায়িত্ব দেয়া হয়েছে কাউন্সিলর এ্যামি হোয়াইটলক গিবসকে। তিনি কাউন্সিলের সব কাজে মানসিক স্বাস্থ্যের বিষয়টিকে গুরুত্বের সাথে তুলে ধরবেন এবং মেন্টাল হেলথ বিষয়ক সার্ভিসগুলোর আরও উন্নয়নের লক্ষ্যে কাজ করবেন।

১৬ সেপ্টেম্বর অনুষ্ঠিত বিতর্কে অংশ নিয়ে অনেক কাউন্সিলার তাঁদের বক্তব্যে মানসিক স্বাস্থ্য সমস্যা কিভাবে তাদের ব্যক্তিগত ও পারিবারিক এবং বন্ধুবান্ধবদেরদের জীবনে প্রভাব ফেলেছে, তা খোলামেলাভাবে তুলে ধরেন।

মেন্টাল হেলথ চ্যালেঞ্জে স্বাক্ষর করার জন্যে কাউন্সিলে প্রস্তাব উত্থাপনকারী কেবিনেট মেম্বার ফর হেলথ এন্ড এডাল্ট সার্ভিসেস, কাউন্সিলর এ্যামি হোয়াইটলক গিবস বলেন, এই চ্যালেঞ্জে স্বাক্ষরের মধ্য দিয়ে প্রমাণিত হলো কাউন্সিলের সকল ক্ষেত্রে মেন্টাল হেলথ ইস্যুকে গুরুত্ব ও অগ্রাধিকার দেয়ার অঙ্গীকার আমাদের এই কাউন্সিলের রয়েছে। আমাদের দায়িত্ব হচ্ছে মানসিক সুস্বাস্থ্য রক্ষায় বারার বাসিন্দাদের প্রয়োজনীয় সহায়তা দেয়া। দলমত নির্বিশেষে সকল কাউন্সিলার এই অঙ্গীকারনামার প্রতি যে সমর্থন দিয়েছেন, আমি তাকে স্বাগত জানাচ্ছি।

সেন্টার ফর মেন্টাল হেলথএর ডেপুটি চীফ এক্সিকিউটিভ এন্ডি বেল বলেছেন, দেশের সকল কাউন্সিল যেন নিজ নিজ বারায় মানসিক স্বাস্থ্য সুরক্ষার গুরুত্ব যথাযথভাবে তুলে ধরতে পারে এবং সংশ্লিষ্টদের প্রয়োজনীয় সহায়তা দিতে সক্ষম হয়, সে লক্ষ্যে তাঁর সংগঠন ওই কাউন্সিলগুলোকে সাহায্য করবে।

তিনি বলেন, এই চ্যালেঞ্জের পক্ষে টাওয়ার হ্যামলেটস সর্বসম্মতিক্রমে ভোট দেয়ায় আমরা কৃতজ্ঞ। মানসিক স্বাস্থ্য সম্পর্কে জনসচেতনতা বাড়াতে আমরা কাউন্সিলের সাথে একযোগে কাজ করে যাবো।

মেয়র বিগসের স্বচ্ছতা ও জবাবদিহিতার ১০০ দিন

Mayor Biggs: 100 days in office

টাওয়ার হ্যামলেটসের মেয়র হিসেবে জন বিগসের দায়িত্ব পালনের ১০০ দিন পূর্তি হলো স্বচ্ছতা ও জবাবদিহিতা প্রতিষ্ঠায় তাঁর অঙ্গীকারের অগ্রযাত্রার মধ্য দিয়ে। এ উপলক্ষে পয়লা অক্টোবর বিকেলে টাউন হলে এক ব্রিফিংয়ে মেয়র বিগস বলেন: টাওয়ার হ্যামলেটসের জনগণের জন্যে সর্বোচ্চ মানসম্পন্ন সেবা প্রদান এবং বিনিয়োগ করা অর্থের পূর্ণ বিনিময় নিশ্চিত করার লক্ষ্যে আমি কাজ করে যাচ্ছি। আমার লক্ষ্য অপ্রয়োজনীয় ব্যয় কমিয়ে আনা ও কাউন্সিলকে সঠিক ট্র্যাকে পুন:স্থাপন করা।

মেয়র বিগস আগের তুলনায় ছোট একটি কক্ষে তাঁর অফিস স্থানান্তর করেছেন। মেয়রের জন্যে শোফার চালিত গাড়ির ব্যবস্থাও তিনি বাতিল করে দিয়েছেন। ব্রিফিংয়ে মেয়র বলেন, প্রতিদিন তিনি ঘর থেকে হেঁটে টাউন হলে কাজে আসেন।

মেয়র বলেন: বারায় এন্টি জেন্ট্রিফিকেশন মার্চ ও শিশু দারিদ্রের হার কমতে থাকা থেকে বোঝা যায়, এই বারা ব্যাপক পরিবর্তনের মধ্য দিয়ে এগিয়ে চলেছে। আমি যদিও পরিবর্তনের প্রতি সহিংস প্রতিক্রিয়া সমর্থন করি না, তবে এগুলো গুরত্বের দাবিদার। বৈষম্য কমানো ও কর্মসংস্থানের সুযোগ আরও বাড়ানোর জন্যে আমাদের কর্মোদ্যোগ থেকে স্থানীয় বাসিন্দারা যেন উপকৃত হন, আমি তা নিশ্চিত করতে চাই। এটা খুবই আনন্দের বিষয় যে, এক দশকেরও বেশি সময় ধরে এখানে কর্মসংস্থানের হার সবচেয়ে বেশি।

News in brief

এলকোহল বিক্রির লাইসেন্স বাতিল

বেথনাল গ্রীন রোডে অবস্থিত ই২ মিনি মার্কেটের এলকোহল বিক্রির লাইসেন্স বাতিল করা হয়েছে। শিশুদের কাছে এবং লাইসেন্সে নির্ধারিত সময়সীমার পরও এলকোহল বিক্রির তথ্যপ্রমাণ পাওয়ার পর এই সিদ্ধান্ত নিয়েছে কাউন্সিল।

কাউন্সিলের লাইসেন্সিং সাব কমিটির চেয়ার কাউন্সিলার খালেস উদ্দিন আহমেদ বলেছেন: যথাযথ সিদ্ধান্তে উপনীত হওয়ার লক্ষ্যে একটি বহুদলীয় কাউন্সিল কমিটি হিসেবে আমরা সকল সময়েই আমাদের কাছে উপস্থাপন করা সব সাক্ষ্যপ্রমাণ বিস্তারিতভাবে পরীক্ষানীরিক্ষা করে দেখি।

টাওয়ার হ্যামলেটসে কোন ব্যবসা প্রতিষ্ঠান নির্ধারিত সময়ের বাইরে বা ১৮ বছরের কম বয়েসী শিশুদের কাছে এলকোহল বিক্রি করছে বলে মনে করলে কাউন্সিলের বিজনেস এন্ড কনজিউমার রিলেশন্স সার্ভিসে আপনি ফোনে (০২০৭৩৬৪৫০০৮) বা ইমেইলে (licensing@towerhamlets.gov.uk) রিপোর্ট করতে পারেন।

শিশু যাত্রিসহ ড্রাইভাররা ধূমপান করলে জরিমানা

শিশু যাত্রিসহ গাড়ি চালানোর সময় চালকেরা ধূমপান করতে পারবেন না। পয়লা অক্টোবর থেকে ইংল্যান্ডের কোথাও কেউ এই আইন ভঙ্গ করলে তাঁকে ৫০ পাউন্ড জরিমানার সম্মুখিন করা হতে পারে।

ব্রিটিশ লাং ফাউন্ডেশন বলেছে, প্রতি সপ্তাহে ৪ লাখ ৩০ হাজার শিশু গাড়ির মধ্যে 'সেকেন্ড হ্যান্ড' ধূমপানের শিকার হয়ে থাকেন। এর ফলে তাদের জন্যে ব্রঙ্কাইটিসের মতো চেস্ট ইনফেকশনের ঝুঁকি বেড়ে চলেছে ।

এছাড়াও, মেনিনজাইটিস, ক্যান্সার ও নিউমোনিয়ার মতো রোগে আক্রান্ত হওয়ার ঝুঁকিও থাকে।

এ্যাজমা রোগ আছে যাদের, এই সেকেন্ড হ্যান্ড ধূমপানের কারণে তাদের এইরোগ আরও বাড়ার আশঙ্কাও আছে এতে। গাড়ির উইন্ডো অর্ধেক খোলা রাখলেও পরোক্ষ ধূমপান থেকে শিশুদের তা রক্ষা করতে পারে না।

ধূমপান ত্যাগ করতে চাইলে আপনার জিপি বা ফার্মাসিস্টের সাথে যোগাযোগ করুন অথবা কল করুন কাউন্সিলের বিশেষ স্টপ স্মোকিং সার্ভিসের এই নাম্বারে: ৭৩৬৪ ৬৬৯৭ বা ০৮০০ ১৬৯ ১৯৪৩ বা ভিজিট করুন: www.towerhamlets.gov.uk/stopsmoking

'লিগ্যাল হাই' এখন 'লেথাল হাই': সতর্ক থাকুন

তথাকথিত লিগ্যাল হাই' ড্রাগ ব্যবহারকারীদের সতর্ক করে দিয়ে কাউন্সিল বলেছে, এসব ড্রাগের লেবেলে এগুলো তৈরীতে ব্যবহৃত উপাদান সম্পর্কে ভুল তথ্য দেয়া থাকতে পারে।

বারায় সম্প্রতিকালে জব্দ করা বিভিন্ন ড্রাগের দুই তৃতীয়াংশের মধ্যে সেগুলোর লেবেলে বর্ণনা করা উপাদান না থাকা সম্পর্কে নিশ্চিত হওয়ার পর এই সতর্কবার্তা দেয়া হলো। কাউন্সিলের কনজিউমার এন্ড বিজনেস রেগুলেশনস সার্ভিস জব্দ করা ড্রাগসমূহের মধ্য থেকে ১৫টি স্যাম্পল পাঠিয়েছিলো পরীক্ষার জন্যে, দেখা গেছে, লেবেলে লেখা উপাদান সেগুলোর ৯টির মধ্যেই নেই। কাউন্সিল বলেছে, এই ড্রাগের ব্যবহারকারীদের হাসপাতালে নিতে হতে পারে, তাদের মৃত্যুর আশঙ্কাও থাকে। কাউন্সিল এখন এগুলোকে 'লেথাল (বিপজ্জনক) হাই' ক্যাটাগরিতে ফেলেছে।

টাওয়ার হ্যামলেটসের মেয়র জন বিগস বলেছেন: তথাকথিত লিগ্যাল হাই' ব্যবহারের বিপদ সম্পর্কে এগুলোর ব্যবহারকারীদের জানতে হবে। লেবেলে বর্ণিত উপাদান অনেক সামগ্রীতেই না থাকার বিষয়টি পরীক্ষায় প্রমাণিত।

টাওয়ার হ্যামলেটসের ডেপুটি মেয়র ও কেবিনেট মেম্বার ফর কমিউনিটি সেইফটি কাউন্সিলার শিরিয়া খাতুন বলেছেন: এই ড্রাগ ব্যবহারের ফলে মানসিক অস্থিরতার সৃষ্টি, জ্ঞান হারানো, স্মৃতিশক্তি বিলুপ্ত হওয়ার মতো অত্যন্ত ক্ষতিকর প্রতিক্রিয়া দেখা দিতে পারে। এর ব্যবহারকারীর মৃত্যুও হতে পারে।

রয়্যাল লন্ডন হাসপাতাল এলাকায় ধূমপান বন্ধের উদ্যোগ

রয়্যাল লন্ডন হাসপাতালের বাইরে ধূমপান করা ও ইলেক্ট্রনিক সিগারেট ব্যবহার করা থেকে এখানে আগত দর্শনার্থি ও হাসপাতালে কর্মরতদের বিরত রাখা নিশ্চিত করার লক্ষ্যে বার্টস হেলথ ট্রাস্টের সাথে কাজ করছেন টাওয়ার হ্যামলেটস কাউন্সিলের অফিসারবৃন্দ। কাউন্সিলের কনজিউমার এন্ড বিজনেস রেগুলেশন্স সার্ভিসের অফিসাররা হাসপাতাল অঙ্গণে ধূমপান বন্ধ করার লক্ষ্যে টহল ব্যবস্থার প্রতি সহায়তা দেবেন।

সেখানে কাউকে ধূমপান করতে দেখলে তাঁকে তা নিভিয়ে ফেলার অনুরোধ করা হবে, তা করতে না চাইলে তাঁকে অনুরোধ করা হবে হাসপাতাল এলাকা ছেড়ে চলে যাওয়ার জন্যে।

এই উদ্যোগে সহায়তা করতে চিকিৎসার জন্যে হাসপাতালে আগত ও চিকিৎসাধীন রোগি, তাঁদের পরিবারের সদস্য ও বন্ধুদের প্রতি আহবান জানানো হয়েছে।

টাওয়ার হ্যামলেটসের ডেপুটি মেয়র ও কেবিনেট মেম্বার ফর কমিউনিটি সেইফটি কাউন্সিলার শিরিয়া খাতুন বলেছেন: কাউন্সিলের সহযোগে ক্রমেই আরও বেশি সংখ্যক প্রতিষ্ঠানের নিজস্ব ধূমপানমুক্ত এলাকা নির্ধারণে এগিয়ে আসা সত্যিই উৎসাহব্যঞ্জক।

টাওয়ার হ্যামলেটস কাউন্সিলের ডাইরেক্টর অব পাবলিক হেলথ ড. সোমেন ব্যানার্জি বলেছেন: ধূমপান ত্যাগে সহায়তা দেয়া ও পরোক্ষ ধূমপান থেকে লোকজনকে রক্ষা করার বিষয়টি জনস্বাস্থ্য উন্নয়নের লক্ষ্যে স্থানীয় ও জাতীয় পর্যায়ের অন্যতম একটি অগ্রাধিকার।

তামাক মুক্ত হওয়ার স্বাস্থ্যগত সুবিধা সম্পর্কে জানতে ভিজিট করুন: www.towerhamlets.gov.uk/stopsmoking

The above stories are: mini-market licence revoked – see page 5; smoking banned in cars with children – see page 8; warning about legal highs; smokefree at the Royal London – see page 8.

This year's Black History Month is back and bigger than ever before. With more than 90 October, it's going to be hard to choose where to go and what to see. Including theatre, pl available, **Sam Gough** selects a few highlights.

Month of must-see events

Somaliland Calling

A new exhibition **(above)** by Kate Stanworth. For the past three years, Kate has document important celebration of Somali arts and literature. Her exhibition showcases the work of the everyday life and culture of their region – beyond the media stereotypes of terrorism Photomonth and Somali Week Festival.

Tickets: free.
Dates: Friday, October 23-Sunday, November 1, various times.
Venue: Oxford House, Derbyshire Street, E2.
Details from: www.oxfordhouse.org.uk

Lines

The Yard Theatre's artistic director Jay Miller (The Mikvah Project) and writer Pamela Carter (Confessions of a Justified Sinner) have been speaking with retired soldiers, children who want to join the army, and serving soldiers.

From these conversations comes Lines, a show that exposes the consequences of peace.

Tickets: £10-£12.50.
Dates: Tuesday, October 27-Saturday, November 21, various times.
Venue: The Yard Theatre, Unit 2A, Queen's Yard, White Post Lane, E9.
Details from: www.theyardtheatre.co.uk

'Dillan' captured by photographer David Cantor, outside the Old Truman Brewery in Brick Lane

Yaram presents Lokito Ya Congo

Showcase of the musical heritage of central Africa, rooted in Soukous, the modern popular music and dance style of Congo originating from the tribal music and dances of the region.
Tickets: £10 or £8 in advance.
Dates: Monday, October 19, 8pm.
Venue: Rich Mix, 35-47 Bethnal Green Road, E1.
Tel: 7613 7498
Details from: www.richmix.org.uk

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For a full programme of Black History Mor

Tailoring class at the Stepney Institute, 1963

events celebrating black and Afro Caribbean heritage in the borough throughout
hotography, talks, lectures, music, films, and pretty much every kind of art form

ted the Hargeysa International Book Fair, an
young Somaliland photographers, exploring
and warlords. The exhibition is also part of

Under a Watchful Eye – Somalis in the Media

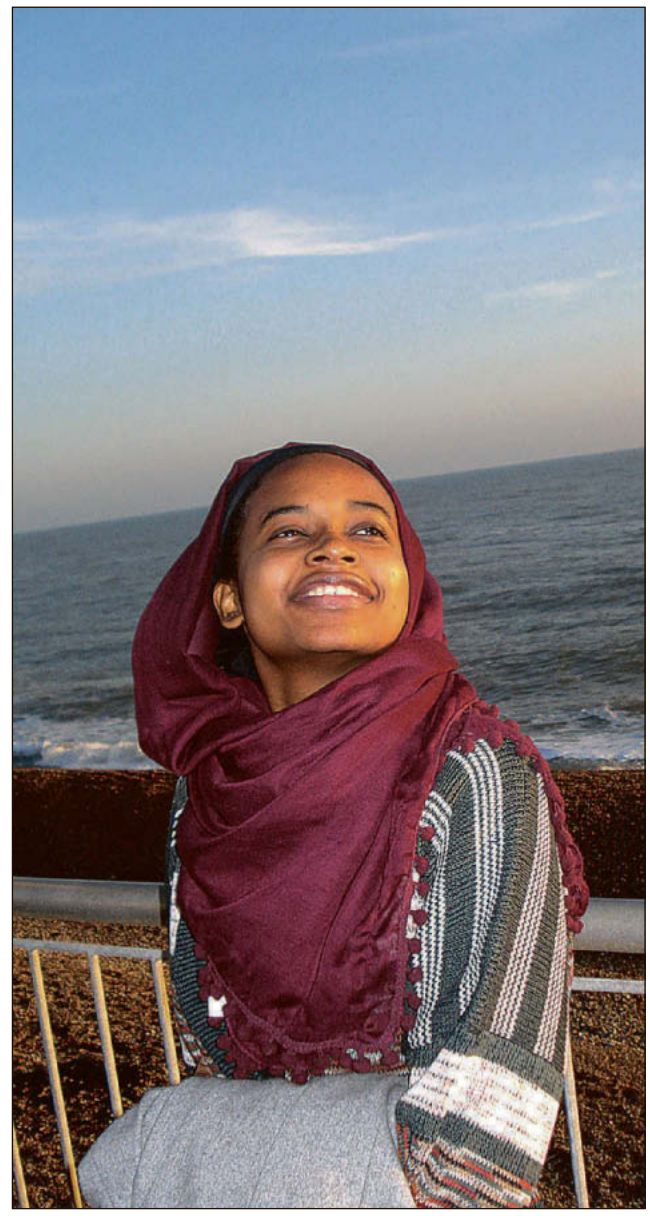
This debate will explore the different ways in which Somalis can challenge the one-sided view offered by the media.

It will look at national and international issues, as well as tools like social media, to empower the people to have their voices heard and change their own narrative.

Speakers include: Mohammed Adow (an Al-Jazeera journalist), Mary Harper (BBC journalist and writer), acclaimed novelist Nadifa Mohamed, and Ugaaso Bocoow (a Somali-Canadian comedian and Instagram phenomenon).

Also includes live performances from poets **(above)** and vocalists.

Tickets: contact **www.kayd.org** for pricing.
Dates: Thursday, October 29, 6-10pm.
Venue: Oxford House, Derbyshire Street, E2.
Details from: www.oxfordhouse.org.uk



Map of Me

This new production **(above)** from Half Moon Theatre tells the story of one young girl fleeing her war-torn country.

Poignant today, as the refugee crisis echos around Europe, join this young girl as she ventures across baking hot African deserts, to the frosty snow angels of a UK winter. An emotional and heartfelt production, it's well worth seeing.

Tickets: £6.
Dates: Monday, October 12-Saturday, October 17, various times.
Venue: Half Moon Theatre, 43 White Horse Road, E1.
Tel: 7709 8900
Details from: www.halfmoon.org.uk

abi – celebrating the works of
t composers of Bengal

**– Satyen Sen School of Performing Arts is celebrating
five great Bengali composers (Rabindranath Tagore,
slam, Atul Prasad Sen, Rajanikanta Sen and
Roy).
mme will include a colourful presentation of writings
r children by these great thinkers.
ion of music, dance and poetry called Desh – expressing
the love and devotion for the motherland is the key feature of the programme. Nari – a compilation of extracts from Tagore's various dance dramas expressing the concept of women's liberation – is one of the main attractions. A family experience with a variety of programmes including dance, music and poetry.
Tickets: free.
Date: Sunday, October 25, 12-3pm.
Venue: Rich Mix, 35-47 Bethnal Green Road, E1.
Tel: 7613 7498
Details from: www.richmix.org.uk**

nth events, visit www.towerhamletsarts.org.uk

Black History in Tower Hamlets

Want to explore the stories of black people living in the borough throughout time?

Tower Hamlets Local History Library & Archives is offering residents the chance to do just that at a drop-in session.

You'll have the opportunity to explore a wide range of materials, including photographs **(left)**, newspaper clippings and archival documents, to illustrate the experiences of black people in the East End.

Tickets: free.
Dates: Thursday, October 22, 5.30-7:30pm.
Venue: Tower Hamlets Local History Library and Archives, 277 Bancroft Road, E1.
Details from: www.ideastore.co.uk/local-history

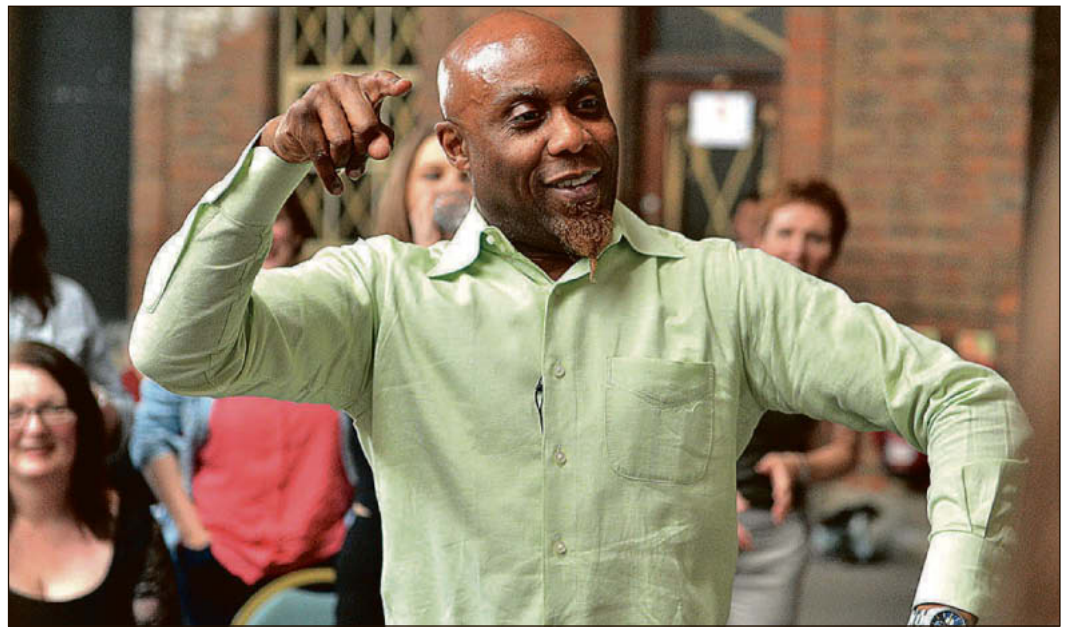
Gospel workshop with Colin Anderson

Ever fancied belting out a gospel number? Well, now's your chance.

Well-known conductor Colin Anderson **(right)**, who also led his group to win the BBC Gospel Choir of the Year Award 2013, will be joining Victoria Park Singers to offer you the chance to sing your heart out. You'll also learn a fair bit about the history of gospel.

Don't worry if you're a beginner – everyone is welcome.

Tickets: £12-£15.
Dates: Thursday, October 8, 7pm.
Venue: Royal Inn on the Park, 111 Lauriston Road, E9.
Details from: www.brownpapertickets.com/event/2008558



A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, October 5

7.15pm: Overview & scrutiny committee

Business includes reports on the Transparency Commission, appointments to the Inner North East London standing joint health overview and scrutiny committee, and verbal updates from scrutiny leads.

For details call David Knight on 7364 4878 or email David.knight@tower hamlets.gov.uk

Tuesday, October 6

5.30pm: Cabinet

Business includes reports on food law 2015/16, gambling policy (pre consultation), South Quay master plan, housing resources and capital delivery, and Aberfeldy Estate regeneration, phase 3-6.

For details call Matthew Mannion on 7364 4651 or email Matthew.mannion@ towerhamlets.gov.uk

6.30pm: Licensing committee

For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@ towerhamlets.gov.uk

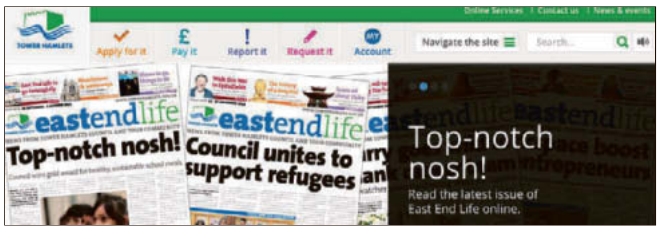
Thursday October 8

7pm: Strategic development committee

Planning applications for decision include land at 160-166 Chrisp Street, Poplar E14.

For details call Zoe Folley on 7364 4877 or zoe.folley@ towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Planning

E1

247 Mile End Road – fascia sign and projecting sign.

39-41 Mile End Road – new spiral fire escape staircase.

43 Commercial Street – alterations to shopfront with enlargement of windows, installation of retractable canopy and 3 fascia signs of planning permission, ref PA/15/01564.

22 Fournier Street – alterations to rear terrace to include replacement screen to boundary, fixed seating and planting boxes.

86 Brick Lane – details of delivering and servicing plan of planning permission, ref PA/13/00494.

Flat 9, Clichy House, Stepney Way – extension comprising relocated kitchen, living/dining room and single bedroom.

Former News International Site, 1 Virginia Street – non-material amendment to planning permission, ref PA/14/02819. Inclusion of metal vent zone above ground floor level, amended residential and basement entrance design, doors omitted, added and relocated, and internal layout changes to ground and first floors.

201-217 Commercial Road – change of use of 9 flats on floors 4 & 5 into guest house use, external alterations including new windows.

Challenger House, 42 Adler Street – replacement building signage including 3 externally illuminated folded fret cut panels; 3 non-illuminated wall mounted directional sign; 1 internally illuminated hanging sign behind window; 1 non-illuminated flat aluminium panel with applied vinyl; 2 non-illuminated digitally applied vinyl; 1 externally illuminated folded fascia with fret cut pushed through text; 1 internally illuminated wall mounted menu box; 2 externally illuminated wall-mounted high-level individual built-up letters.

E2

244-254 Cambridge Heath Road – alteration to existing building.

34-48 Vyner Street – details of highway works of planning permission, ref: PA/13/03054.

33 Chilton Street – remodelling of ground-floor entrance to incorporate the existing porch area and external storage/utility cupboards within the building, with a new facade aligned to the front edge of the building. Installation of bi-fold doors on rear ground floor.

8-10 Voss Street – non-material amendment of planning permission, ref: PA/13/02981. Re-sizing and positioning of windows/door to north elevation, reduction of windows to south elevation, removal of skylight to north elevation replaced with sloped clad roof. Amendment to proposed facade materials.

E3

453 Mile End Road – demolish timber shed and raised platform at rear and rebuild larger timber frame summerhouse with wood-burning stove and electricity.

E14

Poplar Business Park, 10 Prestons Road – details of noise control measures, waste management and way-finding for Phase 1 of planning permission, ref: PA/11/03375.

Voluntary consultation

THE council is updating its Voluntary and Community Sector strategy and is asking residents, voluntary organisations and community groups, to help.

It will provide the framework for voluntary organisations and community groups to work with the council.

Mayor John Biggs said: "Excellent partnership work with our third sector will maximise the availability and delivery of resources for service users going forward.

"I would urge everyone with an interest in the volumtary and community sector to participate in this consultation."

Areas being covered by the consultation include:

- volunteering
- resources for the sector
- businesses and the sector
- sustainability.

To participate in the survey, go to **www.surveymonkey. com/r/strategyVCS** before October 30.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service

Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis

For women aged over 18
c/o Hopetown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

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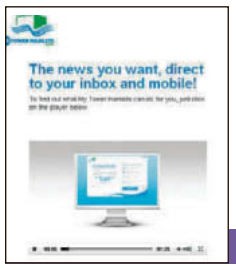


Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Did you get it?

Last week's picture was of a gate at All Saint's Church, Poplar.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

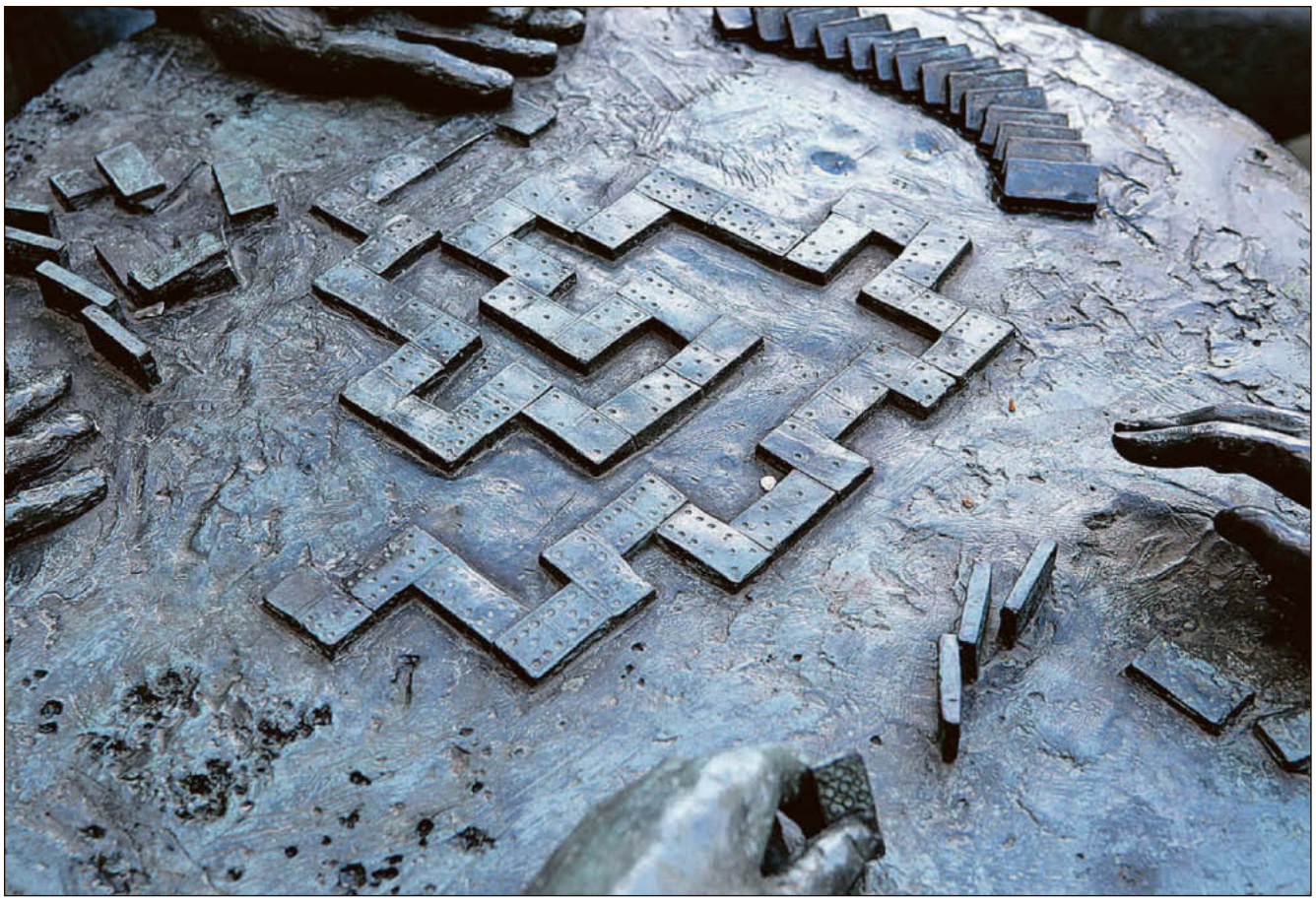
Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

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Do not leave your family with a costly problem.
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- Funeral Plans
- Property Protection Trusts
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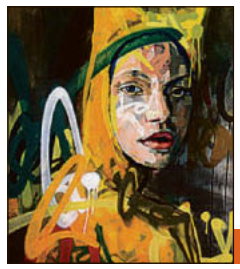
The CODE OF PRACTICE of the Institute of Professional Will Writers is approved by the Government's "Trading Standards Institute".

In the spotlight

Portrait is produced by Fuel. Founded in 2004, the group works with theatre artists to create and present work.

WWW.FUELTHEATRE.COM



Art fair returns to draw the crowds

The Moniker Art Fair returns for its sixth year at the Old Truman Brewery. More than 14,000 people are expected to attend to see independent and established talent all under one roof.

WWW.MONIKERARTFAIR.COM

Out & about guide

What's on where this week

Exhibitions

Moniker Art Fair
The contemporary art/street art crossover fair returns with works from 15 galleries.
Fri, Oct 16-Sun, Oct 18. £8.
Old Truman Brewery, Brick Lane, E1.
www.trumanbrewery.com

It's My Party
Artists and children from St John's Primary School collaborate to create Wilfred's Party, a knees-up with a difference.
Until Sun, Oct 18. Free.
V&A Museum of Childhood, Cambridge Heath Road, E2.
www.vam.ac.uk

Events

Childhood Nostalgia Quiz Night
An evening of questions about your favourite 70s, 80s and 90s toys, games, TV shows, adverts and films.
Thurs, Oct 8. 7-9pm. £6.
V&A Museum of Childhood, Cambridge Heath Road, E2.
www.vam.ac.uk

Original Print Fair 2015
Talk to creators of original, hand-pulled prints and see live demonstrations.
Until Sun, Oct 11.
Espacio Gallery, 159 Bethnal Green Road, E2.
www.espaciogallery.com

London's Landmarks Recycled
London's favourite landmarks feature at this recycled art workshop.
Tues, Oct 27. 12noon-1.30pm & 2.30-4pm. Free.
Museum of London Docklands, West India Dock Road, E14.
www.museumoflondon.org.uk

Wellbeing Festival
African drumming, a pampering zone with massages, African jewellery making and nail art.
Thurs, Oct 22. 3pm-9pm. Free.
Oxford House, Derbyshire Street, E2.
www.oxfordhouse.org.uk

Portrait
Inspired by her own experiences, Racheal Ofori takes audiences on a frank and funny journey through cultural stereotypes to explore the lack of diverse role models in today's society. Portrait, a solo show, explores how young women, and especially young black women, can be perceived in society. Portrait is now touring the UK after featuring at this year's Edinburgh Festival.
Weds, Oct 23 & Thurs, Oct 24. 7.45pm.
Tickets £12.
Stratford Circus, Theatre Square, E15.
www.stratford-circus.com

Picture Tom Medwell

Music

Music for Museums
A series of live performances of experimental music featuring composer Gavin Bryars, cellist Oliver Coates and ex-Sonic Youth guitarist Thurston Moore.
Thurs, Oct 1-Thurs, Nov 26. £12-£18.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org

Orphaned Land
The metallers from Israel perform an acoustic set, accompanied by the Stimmgewalt Choir.
Sat, Oct 10. 7.30pm. £19.25/£17.50.
St John on Bethnal Green, Cambridge Heath Road, E2.
www.seetickets.com

Match&Fuse Festival London 2015
Progressive European bands including Get The Blessing and Alfie Ryner.
Fri, Oct 16. 8pm. £16.
Rich Mix, 35-47 Bethnal Green Road, E1.
www.richmix.org.uk

Walk

History Tours
A glimpse into the life of the last surviving music hall of its kind.
Every Mon until Oct 26. 6pm. £6.
Wilton's Music Hall, Graces Alley, E1.
www.wiltons.org.uk

Dance

Argentinian tango E14
Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American
Fri, 1.45-3.45pm, £5, free refreshments. No beginners.
Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes
Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz
South African gumboot dancing.
Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Salsa
For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance
All ability levels welcome.
Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.
The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092

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OCTOBER LEAGUE DETAILS

DAY	SPORT TYPE
MONDAY	CRICKET, NETBALL
TUESDAY	CRICKET, NETBALL
WEDNESDAY	FOOTBALL, NETBALL
THURSDAY	CRICKET, FOOTBALL
FRIDAY	CRICKET, FOOTBALL
SATURDAY	CRICKET, FOOTBALL
SUNDAY	CRICKET, FOOTBALL

play@playonsports.co.uk | 0207 247 6484 | www.playonsports.co.uk

The art of reading on display

Willem Weismann's exhibition Alphabet Soup includes new work that builds on Library Guide, a previous composition which captured the sensation of being enraptured in a novel.

WWW.BOWARTS.ORG/NUNNERY

Being aware

My Mind Is Free aims to help people recognise modern day slavery.

DOCKLANDS Sinfonia has performed the first ever concertto be held in the Bascule Chambers at Tower Bridge.
The orchestra's brass players performed 12 sell-out events as part of the finale to this year's Totally Thames celebration.
The centrepiece of the concerts was a new composition written by Iain Chambers, fittingly titled Bascule Chambers. The piece incorporated the sounds made when Tower Bridge lifts and river traffic passes beneath.
In December, the orchestra will be continuing its collaboration with children's author James Mayhew – performing free art and music concerts and workshops to school children in Tower Hamlets.
Visit www.docklandsinfonia.co.uk

Picture Steve Stills

Production maps out the lives of refugees

Play uses real-life experiences of young asylum seekers

BY MELANIE YEA

A STORY of forced migration, written from real-life experiences of young asylum seekers, comes to Half Moon Theatre in a new collaboration that gives a personal insight into the current refugee crisis.

Map of Me, which features prize-winning poets and performers Azfa Awad and Rosemary Harris, explores how a displaced child finds a sense of self and belonging.

The show tells the story of a young girl fleeing war in her homeland as she seeks safety, identity and a place to call home.

There will be a series of free events for young people to accompany the two performances on Saturday, October 17, at 3pm and 7pm, exploring the issue of unaccompanied minors arriving in the UK.

Part of Black History Month, the events will explore issues around young refugees, working with Tower Hamlets New Residents and Refugee Forum, Counterpoints Arts, playwright and director Filiz Ozca (Komola Collective) and spoken word artist Concise One.

Rosemary Harris, lead writer and performer, said: "Map of Me was inspired by the real-life stories of young asylum seekers and takes you behind the headlines of this sensitive and challenging refugee story. It gives audiences an insight into one of the most pressing issues of our time, as well as a sense of identity and belonging, which we all have to deal with whoever we are and wherever we come from."

Chris Elwell, director of Half Moon, added: "We're proud this production is part of Black History Month and that we have a series of workshops exploring the issues raised in the play to help give a vital voice to young audiences."

Map of Me will run from Monday, October 12 until Saturday, October 17.

All tickets are £6. To book visit **www.halfmoon.org.uk**

Map of Me tells the story of a young girl fleeing war in her homeland

Play focuses on modern day slavery

A NEW play about human trafficking is being used to raise awareness of World Anti-Slavery Day on Sunday, October 18 in Brick Lane.

Jude Spooner, founder and managing director of the Rah Rah Theatre Company, commissioned playwright Sam Hall to tell stories of human trafficking in the work, which is supported by Arts Council England and Merton Council.

My Mind Is Free tells the stories of some of the people who have fallen into modern day slavery.

Sam has done extensive research with anti-trafficking charities Merton Against Trafficking, Blythswood Care, The Medaille Trust and ECPAT UK, and the play is inspired by true life stories from victims.

Each performance will also have a speaker from an anti-trafficking charity.

The play takes place on Thursday, October 15, at Kahaila, 135 Brick Lane, E1.

Tickets cost £5 and can be purchased online at **www.mymindisfree.com**

News in brief

Up and coming

THEATRE Royal Stratford East is to stage a new play, written by upcoming playwright Alexis Gregory.

Slap was written in 2012 in a workshop at the Angelic Tales New Writing Festival.

The festival is a part of the theatre's annual programme, offering development opportunities for emerging writers and giving audiences the chance to see new work and contemporary voices on stage.

The play runs until Saturday, October 10 and tickets cost £8. For more information visit **www.stratfordeast.com**

A mix of cultures

AS part of Black History Month, an annual festival offers the best of Somali arts and culture, both old and new.

Somali Week, which runs at Oxford House from Friday, October 23 to Sunday, November 1, offers a mix of events including poetry, literature, panel discussions, documentary film screenings and music.

To book tickets, a stall or to volunteer, email **info@kayd.org**

For details visit **www.kayd.org**

Winning display

AN exhibition of work by the winner of the East London Painting Prize 2015 has opened at the Nunnery Gallery.

Willem Weismann's Alphabet Soup explores the similarities between the privacy of reading books and the personal experience of painting.

The exhibition runs until December 20.

Visit **www.bowarts.org**

Have your say

JOIN a panel of speakers from the worlds of art, journalism and social change for a #BattleSatellite panel discussion, asking questions on free expression and censorship in the arts.

The event takes place on Monday, October 5 at the Nunnery Gallery in Bow. Tickets are £4.

Visit **www.bowarts.org**

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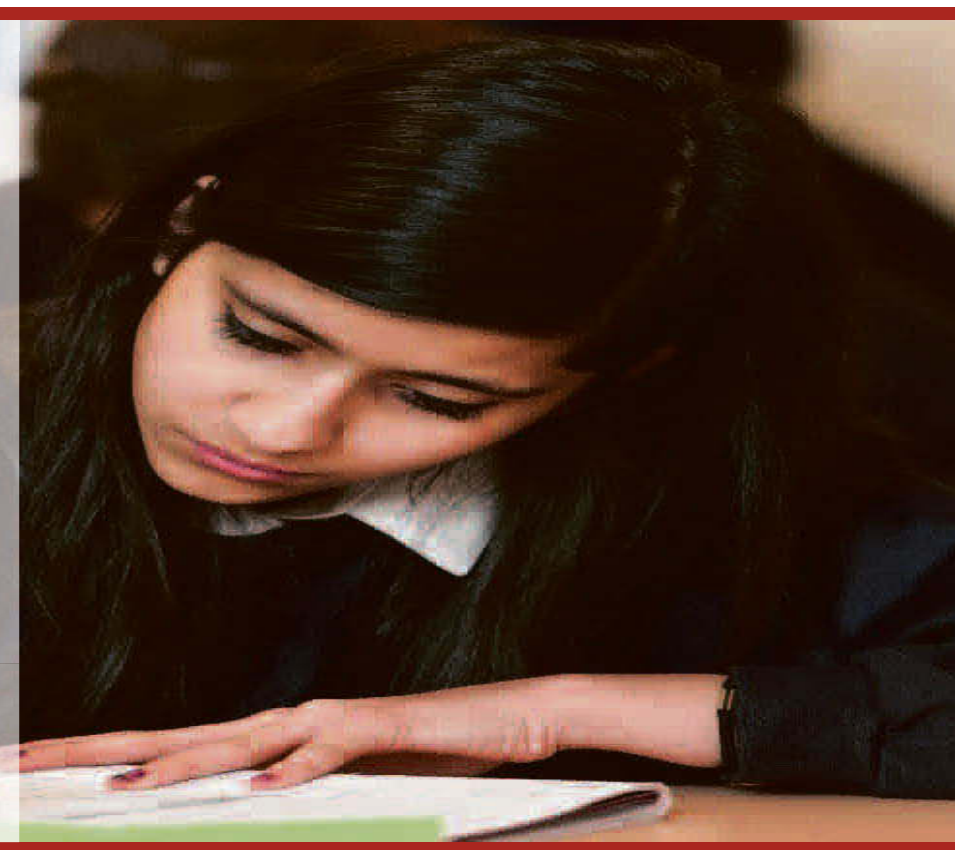
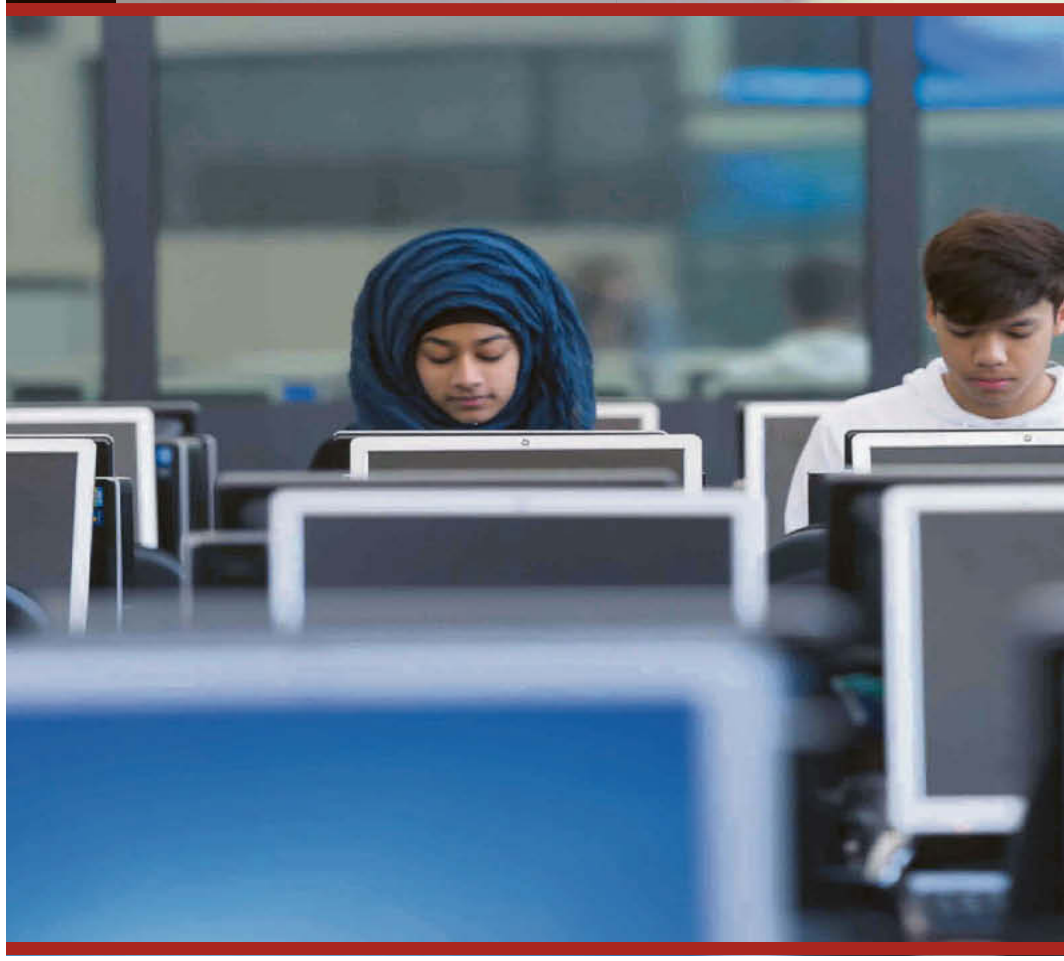
October 2015

Friday 2nd October
Monday 5th October
Wednesday 7th October
Friday 9th October
Monday 12th October
Wednesday 14th October
Friday 16th October
Monday 19th October
Wednesday 21st Otober
Friday 23rd October





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Time to plan ahead

BY STARVIN' MARVIN

WITH the Indian summer we've been having, it seems premature to be talking about Christmas.

But there are only 80 shopping days until December 25 – that's just 11 more Friday nights in which to have your Christmas party.

If you are looking to organise a festive get-together, some of the best restaurants and unusual party venues can be found right on your doorstep.

THIS festive season, say Buon Natale and go Italian at Verdi's, a family-run restaurant in Stepney.

Well known for its hand-made fresh pasta, it prides itself in using ingredients from local producers and does a mean sparkling red Lambrusco.

This year, its special Christmas menu is £30 per person and comes with a glass of Prosecco.

Starters include fillet of beef carpaccio with rocket & shaved Parmesan and baby octopus in a spicy tomato sauce, with mains including Pappardelle with rabbit ragu and baked fillet of seabass with spinach & aubergine caviar.

Above: Verdi in Stepney. Below: Wilton's in Graces Alley

If you still have room, desserts include Christmas pudding with brandy sauce and tiramisu with amaretto liquor.

The recently refurbished establishment is housed in a former pub that dates back to 1719 and has many original features, and paintings by local artists adorning the walls.

And if your party is at the weekend, diners can be serenaded by a professional pianist.

Verdi is at 237 Mile End Road, E1. Tel: 7423 9563.

IF the wow factor is what you're after, why not book your party in the beautiful surroundings of Wilton's Music Hall?

The Champagne Charlie room on the first floor of the Grade II* listed gem has been opened to the public after refurbishment. Repair work revealed the room's rear window, which had been hidden beneath a wooden staircase for a century or more, and it's now open with a view all the way from the basement to a new skylight in the roof.

The room holds a maximum of 30 and costs £175 a night to hire. Drinks are available from the Mahogany Bar and nibbles can be provided by the music hall's caterers.

Wilton's is at 1 Graces Alley, E1. Tel: 7702 2789 or email info@wiltons.org.uk

LASTLY, for a venue catering for different dietary needs, why not try Efes in Spitalfields?

The restaurant has plenty of halal, vegetarian and gluten-free options – and waiting staff are happy to explain the menu.

Serving traditional Turkish dishes such as grills and kebabs, with authentic stews and rice platters, it has a capacity for 160.

With shish and doner kebabs, chops and ribs, Turkish pizza, aubergine kebabs, salads and meze, there's plenty of choices to keep everyone happy.

Efes is at 230 Commercial Road, E1. Tel: 7790 3299.

Smashing pumpkins

PUMPKINS are in season and are wonderfully versatile for savoury meals as well as desserts.

Pumpkin flesh contains a vitamin called beta-carotene, which is why they have such a beautiful colour. The smaller ones are better for cooking – and easier to carry home from the shops. This is a healthy and satisfying meal, perfect for a cold autumn evening – especially if you add chillies.

Spicy pumpkin with peas – serves 4

Ingredients

1 small pumpkin
2 carrots
400g tin chopped tomatoes
1 small onion, very finely chopped
1 dsp cumin seeds
2 cloves of garlic
4 tbsp frozen peas
1 dsp of rapeseed oil
1 heaped tbsp garam masala
Fresh coriander, chopped
Small, mild chilli, de-seeded and chopped (optional)

Method

1. Slice off the top of the pumpkin where the stalk is and discard. Cut it in half and remove the seeds with a spoon (wash and dry the seeds and roast later for a snack).
2. Slice each of the halves in half again to make peeling more manageable. Chop into pieces that are roughly the size of a small potato – not too small as they will go mushy.
3. Put the pumpkin and carrots into a saucepan of boiling water and gently cook them for about 8-10 minutes.
4. Boil a kettle and put the peas into a bowl with some boiling water and leave on the side.
5. In another saucepan, put the rapeseed oil and cumin seeds. Fry gently for a few minutes then add the onions and garlic (and the chilli if you wish). Fry for 5 minutes until the onions are soft.
6. Add the garam masala and stir. Immediately the mixture is coated with spice, add the tomatoes and stir until all the ingredients are well mixed in. Drain the pumpkin, carrots and peas and stir into the mixture.
7. Simmer gently for about 20-25 minutes without a lid, stirring often. Just before serving, add the coriander.
8. Serve with chapatti or rice.

By Michele Sandelson, public health dietitian

Calling all restaurants, cafés and gastro pubs!

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Playtime gets a boost

The Ada House play area in Pritchards Road, Bethnal Green, was built with funds raised by residents, Tower Hamlets Community Housing and Play Association Tower Hamlets.

SEE BELOW

Seizing the moment

"Without tangible rehousing choices, this momentum for rehabilitation is easily lost."

PAM ORCHARD, PROVIDENCE ROW

Top: skipping for joy
Above: Yusuf, 3, on the trampoline.
Right: enjoying the swings at Ada House

CHILDREN skipped for joy at the official opening of a refurbished play space on a Bethnal Green housing estate.
Play Association Tower Hamlets (PATH) worked with residents and board members of Tower Hamlets Community Housing (THCH) to raise funds to refurbish the Ada House play area in Pritchards Road.
The work was finished in August and children and families have been enjoying it ever since.
At the official opening on September 22, residents thanked supporters and funders including The London Marathon Trust, THCH, PATH and builders Free Play Designs. The celebration continued with games, juice and fruit.

Stay secure this October

SECURITY specialists are encouraging residents to keep their families, homes and belongings secure during National Home Security Month (NHSM) this October.

Research suggests that burglaries and vandalism increase during the autumn and winter months, with a five per cent increase in household thefts during the week the clocks go back.

Halloween alone sees a huge 160 per cent increase and Bonfire Night is statistically the worst day of the year for burglaries.

The month will focus on a different aspect of security for each week in October.

For more details, visit **www.homesecuritymonth.com**

Help getting back to their roots

BY SAM GOUGH

THE council has released a report on its work seeking somewhere to live for homeless hospital patients who are from outside the borough.

The report – Preventing Homeless Out-Of-Borough Patients From Rough Sleeping – looks at the Routes to Roots project, which the borough has been running since 2012.

The report aims to spread what it has learnt to local authorities and hospitals across the country.

Routes to Roots tackles one of the key challenges faced by many of the capital's hospitals: sourcing somewhere to live for their homeless out-of-borough patients.

It is commissioned by the council and is delivered by Providence Row, a charity that tackles the causes of homelessness.

Pam Orchard, chief executive of Providence Row, said: "For many homeless people in hospital, recovery is also a time when they may be able to detox.

"It is a time of stability, when the individual may be open to meaningful dialogue about change, with health and social care professionals.

"All of this builds the motivation to get their life back on track – without tangible rehousing choices, this momentum for rehabilitation is easily lost."

Advisers work with patients approaching the end of their hospital stay, identifying where, and in which local authority area, the patient's local connection lies.

They then support them to return to their home borough, and help them to access housing options.

Advisers also assist patients from abroad to reconnect to their country of origin where appropriate, and where this is the patient's preference.

The report outlines the many successes of this project. For example, in 2014/15, Routes to Roots has:

- successfully found housing outcomes for 36 homeless people;
- helped people to access emergency accommodation through friends and family as well as their home council;
- assisted homeless European nationals to return to their home country;
- halved rough sleeping among known rough sleepers referred to the project.

The project also reduces the number of patients whose discharge is delayed, prevents hospital bed-blocking and minimises the number of patients who are discharged to the street and to insecure or inappropriate accommodation.

Patrick was one of the patients who benefited from Routes to Roots after he was treated at the Royal London Hospital, in Whitechapel, for chronic obstructive pulmonary disease.

The hospital put Patrick in touch with the service when they discovered he was homeless. He was secured temporary housing in Hackney, an area he knows well.

Speaking about the Providence Row support worker who helped him, Patrick said: "Paulina came to the hospital to see me every couple of days. She's been my mentor ever since.

"She took all my details and helped me to sort out somewhere to stay when I left the hospital."

Mayor John Biggs said: "This report shows how we are leading the way in tackling homelessness.

"In working closely with the Royal London Hospital and other local authorities in and out of London, we have had a hugely positive impact on these peoples' lives, and helped to find options for them.

"In producing this report, we want to ensure that other local authorities read through our approach, learn from it, and help us to tackle homelessness."

tower hamlets homeseekers

Homeseekers

Homes available for letting are no longer published in East End Life. Should you wish to view these please visit

www.thhs.org.uk

The website provides full information for each property, real time bid positions based on your housing priority and your bidding history showing final bid positions for homes you have placed bids for. Using your bid position as a guide, you could also withdraw a bid and place it for an alternative home if this improves your chances of an offer.

Should you have any queries or require help with the bidding process please contact your Lettings team for help.

The council's Housing Options (Lettings team) number is 020 7364 2826.

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CONTACT: Jane Barnes, Alice Pickard, Oliver Marshall - ***School Professional Tutors, Techer Training Department***

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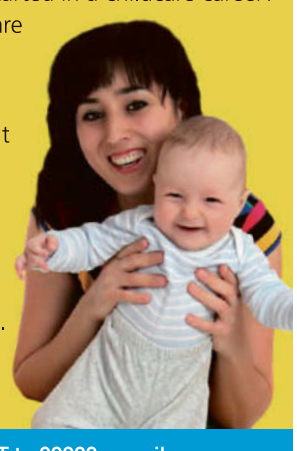

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Scale 3 - Term-time/pro rata 28.75 hours per week
Starting: October 2015

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We are seeking two teaching assistants to join our dedicated and stable team who:

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- can support early literacy development;
- have excellent oral and written English (GCSE grade C+);
- have excellent team skills;
- can contribute effectively to the shared vision of an enthusiastic staff;
- are reliable with an excellent health & attendance record.

Application packs can be collected from the school or downloaded from school website: **www.harbingerschool.co.uk**

Please email completed applications to this email address only: **jobs@harbinger.towerhamlets.sch.uk** or submit the application by post or by hand at the school office.

Closing date for applications: Tuesday 13th October - 12 noon.
Interviews will take place during the w/b: 19th October 2015
To start as soon as possible

Harbinger school is committed to equal opportunities and follows the Tower Hamlets equality and diversity policy. Harbinger School is committed to safeguarding children and all candidates will be required to undertake an enhanced criminal record check.

TOWER HAMLETS

TOWER HAMLETS Community Housing THCH

Tower Hamlets Community Housing (THCH) is a medium sized housing association with an excellent track record of refurbishing estates and improving services operating exclusively in Tower Hamlets. We currently manage over 3,000 homes of which 1100 are leasehold.

We have vacancies for a Housing Support Officer and a Community Housing Officer, based at our Shadwell Office.

Housing Support Officer

(Scale 6) £26,337 - £27,879 pa

We require a Housing Support Officer with excellent administrative experience gained in a busy housing related office environment. You should have good time management skills with the ability to prioritise and organise your workload accordingly. You should have good customer service skills with an ability to communicate both orally and face to face with our diverse customers. Experience of supervising is also desirable.

Community Housing Officer

(SO1) £28,845 - £30,525 pa

We require a Community Housing Officer to work at our local Community Housing Offices. You will be a good organiser, able to work on your own initiative and a good team player. This role involves managing a patch of an average of 500-600 properties, responsible for tenancy management, including ASB, rent arrears, service charge arrears, Right to Buy processing and void management. Excellent customer service, IT skills and Housing experience are essential.

For more details about each role, or to apply online please visit our website thch@thch.org.uk/Vacancies.

The closing date for the receipt of applications is 12 noon on Friday 16 October 2015 at 285 Commercial Road, Stepney, London E1 2PS

Tower Hamlets Parents Centre

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12-15 hrs weekly, £10.00 hourly.
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Please email your CV to **admin@parentcentre.org** or contact us on **020 7650 8936**

Closing Date: 12/10/2015

An advert on these pages could cost you as little as £72 + VAT

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The Legal Advice Centre runs a term time only appointment system once a week. If we can help you, we will provide written advice within two weeks of the appointment.

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www.lac.qmul.ac.uk

Queen Mary University of London
School of Law

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Hertsmere House, 2 Hertsmere Road, London **PA/15/2675/PLA**
Demolition of remaining buildings and structures and erection of a 67 storey building with two basement levels, comprising 869 residential units (Use Class C3), 971 sqm (GIA) flexible commercial floorspace (Use Class A1-A3 and D2), ancillary circulation space and plant, as well as associated infrastructure, public realm and parking.

Hertsmere House, 2 Hertsmere Road, London **PA/15/2748/PLA**
Temporary dismantling of Grade II "Former West Entrance gate to West India Docks with Curved Walling" and re-instalment in conjunction with redevelopment proposal for Hertsmere House, 2 Hertsmere Road (Subject to pending planning application ref. PA/15/02675)

Sugar House, 99 Leman Street, London **PA/15/2650/DHA**
Advertisment signage for new gym

5 Hertsmere Road, London, E14 4AN **PA/15/2390/SAE**
Application for variation of condition no. 2 (Operating Hours) attached to planning permission dated 06/08/1999, ref: PA/99/498.

144-146 Swaton Road, London, E3 4ET **PA/15/1006/SAE**
Erection of two x two storey dwellings (each with a two storey rear extension attached)

Challenger House, 42 Adler Street, London, E1 1EE **PA/15/2589/LYM**
Replacement building signage including:
3 x externally illuminated folded fret cut panels
3 x non illuminated wall mounted directional sign
1 x internally illuminated hanging sign behind window
1 x non illuminated flat aluminium panel with applied vinyl
2 x non illuminated digitally applied vinyl
1 x externally illuminated folded fascia with fret cut pushed through text
1 x internally illuminated wall mounted menu box
2 x externally illuminated wall mounted high level individual built up letters

Unit 6, Block D, 14 Hertsmere Road, London, E14 4AF **PA/15/2583/CSK**
Refurbishment & Reconfiguration of Existing Clinic

The Birdcage Public House, 80 Columbia Road, London, E2 7QB **PA/15/2573/HHA**
The proposed development is to undergo a refurbishment of the premises up to and including first floor. The first floor is to be changed back to a trade area, whilst one spiral staircase is to be installed for trade access. A further staircase is to be formed to allow access to the flats above. Full decorations will also be carried out.

91-95 Brick Lane, London, E1 6QL **PA/15/2088 & 2089/DHA**
Proposed transmission dishes and equipment cabin located on rooftop.

Bus Shelter Opposite No. 12- 12a Hackney Road, London, E2 **PA/15/2418/HHA**
Internally illuminated 6 sheet with static or sequential paper 6 sheet on reverse panel on a bus shelter.

39-41A Mile End Road, London, E1 4TP **PA/15/2097/ZAP**
New spiral fire escape staircase.

Cheshire Street DNS, Dunbridge Street, London, E2 6EJ **PA/15/1030/KHA**
Fourth generation upgrade to existing equipment including replacement of existing tower and installation of cabinet on footway.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

29 Chapel House Street, London, E14 3AS **PA/15/2454/CHG**
Ground floor infill extension plus first floor rear extension.

33 Chilton Street, London, E2 6DZ **PA/15/2605/HHA**
Remodelling of the ground floor entrance to incorporate the existing 'porch' area and external storage/utility cupboards within the building with a new fasade aligned to the front edge of the building. Installation of bi fold doors on rear ground floor.

453 Mile End Road, London, E3 4PA **PA/15/2571 & 2572/HAM**
To demolish a timber shed and a raised platform at the rear garden and to rebuild a slightly larger timber frame summer house with wood burning stove and electricity.

44 Manchester Grove, London, E14 3BG **PA/15/2565/CHG**
Erection of a rear dormer window, hip-to-gable end roof conversion and two front foorlights.

4 Alderney Road, London, E1 4EG **PA/15/2564/JTH**
Part single storey, part 3 storey rear extension; change in pitch of rear roof slope to stair

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 5th October 2015

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

To place your Public notices in East End Life

please call…
Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CLAREDALE STREET E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Claredale Street for a distance of approximately 40 metres, west, from its junction with Temple Street;

Reason: To allow essential crane works to be carried out on the public highway by Shift Traffic;

Alternative Route: For vehicular traffic will be via Temple Street, Hackney Road, Teesdale Close and Claredale Street and vice versa.

Period: On the following weekdays:

a) On Tuesday 27th October 2015 from 08:00 hours until 18:00 hours;

b) On Tuesday 3rd November 2015 from 08:00 hours until 18:00 hours;

c) On Tuesday 10th November 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CORBET PLACE & GREY EAGLE STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location:

a) Corbet Place, between its junction with Jerome Street and its junction with Grey Eagle Street;

b) Grey Eagle Street, for a distance of approximately 40 metres from its junction with Corbet Place;

Reason: To allow essential works to be carried out on the public highway by Verizon Business;

Alternative Route: For vehicular traffic will be via Jerome Street, Calvin Street and Grey Eagle Street and vice versa or Commercial Street, Hanbury Street, Brick Lane, Quaker Street and Grey Eagle Street;

Period: From Monday 26th October 2015 to Saturday 31st October 2015.

Please refer any queries regarding traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

SECTION 48 PLANNING ACT 2008

REGULATION 4 INFRASTRUCTURE PLANNING (APPLICATIONS: PRESCRIBED FORMS AND PROCEDURE) REGULATIONS 2009

PROPOSED SILVERTOWN TUNNEL

NOTICE PUBLICISING A PROPOSED APPLICATION FOR A DEVELOPMENT CONSENT ORDER

Transport for London ('TfL') of Windsor House, 42-50 Victoria Street, London SW1H 0TL intends to make an application to the Secretary of State for Communities and Local Government ('the proposed application') for a development consent order made under the Planning Act 2008 authorising the construction, operation and maintenance of a twin bore road tunnel beneath the river Thames known as the Silvertown Tunnel ('the project'). If constructed, the project would be located in the London Boroughs of Greenwich, Tower Hamlets and Newham and it would include the following elements:

- twin road tunnels approximately 1.4km long under the river Thames linking the A102 Blackwall Tunnel Approach on the Greenwich Peninsula to the A1020 Tidal Basin Roundabout in the Royal Docks area;
- a tunnel approach road on the north side of the river Thames to connect the new tunnels to the Tidal Basin Roundabout, which would be altered to create a new signal-controlled roundabout linking the A1020 Silvertown Way, Dock Road and the A1020 Lower Lea Crossing;
- widening of the A102 Blackwall Tunnel Approach on the south side of the river Thames to create new free-flow slip-road links to the Silvertown Tunnel;
- a new flyover to take southbound traffic exiting the Blackwall Tunnel over the northbound approach to the Silvertown Tunnel;
- replacement of the Boord Street footbridge over the A102 with a new pedestrian and cycle bridge;
- the introduction of road user charging for the Silvertown Tunnel and the Blackwall Tunnel;
- tunnel service buildings, plant rooms and ventilation buildings at each tunnel portal;
- modifications to the local road network including changes to Dock Road, Tunnel Avenue, Pavilion Way, Dreadnought Street and Boord Street; and
- works to facilitate the construction of the elements described above, including:
  - creation of construction sites and accesses from the public highway;
  - construction of a temporary jetty and associated works in the river Thames at Thames Wharf to be used for the import and export of materials from the construction sites;
  - provision of new utilities and services and diversion of existing utilities; and
  - provision of drainage, lighting, noise and visual screens, and hard and soft landscaping.

The proposed application will also seek authorisation for the compulsory acquisition of interests in and rights over land, the temporary use of land and the overriding of easements and other rights.

Consultation booklet

TfL is consulting on the proposed application and has prepared a booklet summarising the project. The consultation booklet is available between 5 October and 29 November 2015 as follows:

1. to view on the project website (**www.tfl.gov.uk/silvertown-tunnel**);
2. to take away free of charge from the inspection locations and the Roadshow events listed below;
3. to take away free of charge from libraries and community centres in the London Boroughs of Greenwich, Newham and Tower Hamlets, and additionally in Children's Centres in the Royal Borough of Greenwich, the Emirates Air Line Cable Car and the Siemens Crystal building. For more details please see the Silvertown Tunnel Statement of Community Consultation (available to view on the project website) or contact TfL using the contact details at the end of this notice; and
4. to order in hard copy from TfL using the contact details at the end of this notice.

Preliminary environmental information report and other consultation documents

The proposed project is 'EIA development' for the purposes of the Infrastructure Planning (Environmental Impact Assessment) Regulations 2009. TfL is therefore required to carry out an environmental impact assessment and submit an Environmental Statement with the proposed application containing information about the likely significant effects of the project on the environment. Information compiled so far about the project's likely significant environmental effects is set out for consultation in a Preliminary Environmental Information Report ('the PEIR').

The PEIR and other documents, plans and maps which detail the nature and location of the project ('the consultation documents') are available for inspection free of charge from **5 October to 29 November 2015**:

- on the project website at **www.tfl.gov.uk/silvertown-tunnel**; and
- at the locations and times set out in the following table (opening days and times may be subject to change):

Consultation Documents Inspection Locations

Venue	Days	Times
Transport for London 230 Blackfriars Road Southwark London SE1 8NJ Phone: 0343 222 1155	Monday – Friday Saturday & Sunday	**10.00am – 4.00pm** **Closed**
Royal Borough of Greenwich The Woolwich Centre Wellington Street Woolwich SE18 6HQ Phone: 0208 854 8888	Monday – Friday Saturday & Sunday	**10.00am – 4.00pm** **Closed**
London Borough of Newham Newham Dockside 1000 Dockside Road London E16 2QU Phone: 0208 430 2000	Monday – Friday Saturday & Sunday	**10.00am – 4.00pm** **Closed**

Consultation Documents Inspection Locations (continued)

Venue	Days	Times
London Borough of Tower Hamlets Town Hall Mulberry Place 5 Clove Crescent London E14 2BG Phone: 0207 364 5020	Monday – Friday Saturday & Sunday	**10.00am – 4.00pm** **Closed**

The consultation documents will also be available for inspection free of charge at a series of 'Roadshow' events taking place throughout the consultation period. TfL staff involved in the project will be available at each event to answer questions about the proposed application and the consultation. The Roadshow events are taking place at the locations and times set out in the following table:

Consultation Roadshow Events

Venue	Dates	Times
Idea Store, Chrisp Street (At the Ground Floor Foyer) 1 Vesey Path London E14 6BT	Saturday 7 November Tuesday 17 November	**10.00am – 4.00pm** **12.00pm – 7.00pm**
Canary Wharf Shopping Centre (At the Canada Place crossroads) Canary Wharf London E14 5AB	Tuesday 20 October Saturday 14 November	**10.00am – 7.00pm** **11.00am – 5.00pm**
The Forum Trafalgar Road London SE10 9EQ	Saturday 10 October Tuesday 10 November	**10.00am – 4.00pm** **12.00pm – 7.00pm**
Britannia Village Hall 65 Evelyn Road London E16 1TU	Saturday 17 October Tuesday 27 October	**12.00pm – 5.00pm** **12.00pm – 7.00pm**
Canning Town Library Barking Road London E16 4HQ	Saturday 24 October Thursday 19 November	**10.00am – 4.00pm** **1.00pm – 7.00pm**
Charlton House Community Centre Charlton Road London SE7 8RE	Saturday 31 October Thursday 26 November	**12.00pm – 5.00pm** **12.00pm – 7.00pm**

Electronic or hard copies of the consultation documents can be ordered from TfL using the contact details set out at the end of this notice. TfL will provide copies of the consultation documents free of charge on reasonable request.

Responding to the consultation

The consultation booklet and a questionnaire on the project website (**www.tfl.gov.uk/silvertown-tunnel**) explain the specific topics on which TfL is seeking feedback. Consultees are not restricted to commenting on these issues, however, and TfL welcomes feedback on any aspect of the project or the consultation documents.

Responses can be made in writing in the following ways:

1. by completing the questionnaire on the project website (www.tfl.gov.uk/silvertown-tunnel);
2. in writing to FREEPOST TFL CONSULTATIONS (no further address or stamp needed); or
3. by email to rivercrossings@tfl.gov.uk

TfL will use the information supplied in response to the consultation solely in connection with the consultation process, the proposed application and the wider TfL river crossings programme. Responses may be made publicly available, but personal details will be kept confidential. Respondents do not have to provide any personal information, but this information will help TfL to understand the range of responses, and to provide updates about the project and the outcome of the consultation.

The deadline for receipt of responses is midnight on 29 November 2015.

Contacting TfL

The project website (www.tfl.gov.uk/silvertown-tunnel) contains all of the relevant information about the consultation and the proposed application.

If you have any questions about the consultation or the proposed application or wish to request copies of any of the consultation documents, please contact TfL using the following details:

Email: rivercrossings@tfl.gov.uk

Phone: 0343 222 1155 (Available during normal office hours. Please note that service and network charges may apply. Visit tfl.gov.uk/terms for details).

Post: 'FREEPOST TFL CONSULTATIONS' (no further address or stamp needed)

Pinsent Masons LLP
30 Crown Place
Earl Street
London
EC2A 4ES
5 October 2015

TRANSPORT FOR LONDON

Why you should read Public and Legal notices...

These notices inform the public of planning act notices from roads to buildings as well as missing beneficiaries, licensing act notices, insolvency acts & notices to creditors etc.

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CYGNET STREET & BACON STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location:

a) Cygnet Street approximately 30 metres, south, from its junction with Bacon Street;

b) Bacon Street approximately 20 metres, east, from its junction with Cygnet Street.

Reason: To allow essential works to be carried out on the public highway by Galliard Construction Limited.

Alternative Route: For vehicular traffic will be via Sclater Street and Brick Lane or Bacon Street, Brick Lane, Bethnal Green Road and Sclater Street.

Period: From Monday 26th October 2015 to Tuesday 25th October 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Kaheesha Hair and Beauty has applied to the London Borough of Tower Hamlet for manicure, pedicure and facial licence.

Licence(s) for the premises kaheesha hair and beauty 88 Vallance road London E1 5BW.

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulations Service, 6th Floor, Mulberry Place, 5 Clove Crescent, London E14 2BG within three weeks specifying the grounds of opposition.

Persons objecting the grant licence must be prepared to attend in person at a hearing before a Committee of the Council.

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

25-28 Dalgleish Street, London, E14 **PA/15/2674/PLA**
Construction of a part four storey, part seven storey building to provide 60 flats with refuse and recycling facilities together with laying out of a 'Homezone' in Dalgleish Street.

Hertsmere House, 2 Hertsmere Road, London **PA/15/2675/PLA**
Demolition of remaining buildings and structures and erection of a 67 storey building with two basement levels, comprising 869 residential units (Use Class C3), 971 sqm (GIA) flexible commercial floorspace (Use Class A1-A3 and D2), ancillary circulation space and plant, as well as associated infrastructure, public realm and parking.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 5th October 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011 (AS AMENDED)

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:
Hertsmere House, 2 Hertsmere Road, London **PA/15/02675/PLA**

Notice is given that Bilfinger GVA on behalf of Greenland Hertsmere (London) Limited are applying to the London Borough of Tower Hamlets for:
Demolition of remaining buildings and structures and erection of a 67 storey building with two basement levels, comprising 869 residential units (Use Class C3), 971 sqm (GIA) flexible commercial floorspace (Use Class A1-A3 and D2), ancillary circulation space and plant, as well as associated infrastructure, public realm and parking.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Bilfinger GVA, 65 Gresham Street, London, EC2V 7NQ, Tele: 02079112375 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of ublication of this notice to the Head of Planning at the Planning Office address above.

Dated: 05th October 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – COLLINGWOOD STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Collingwood Street between its junction with Three Colts Lane and its junction with Headlam Street;

Reason: To allow essential resurfacing works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via Headlam Street, Cambridge Heath Road and Three Colts Lane and vice versa;

Period: From Monday 26th October 2015 to Friday 30th October 2015.

Please refer any queries regarding the above traffic restriction to Rosie Hoque, Flood & Structures, Clean, Green and Highways on 020 7364 6858 or email, rosie.hoque@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GOODMANS STILE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Goodmans Stile for a distance of approximately 45 metres, south-west, from its junction with Commercial Road;

Reason: To allow essential crane works to be carried out on the public highway by Commhoist Limited;

Alternative Route: For vehicular traffic will be via Leman Street, Prescot Street, Mansell Street, Whitechapel High Street and Commercial Road;

Period: On Sunday 25th October 2015 from 10:00 hours until 18:00 hours.

Refer any queries regarding the above traffic restrictions to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – REARDON PATH E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Reardon Path for a distance of approximately 40 metres between its junction with Wapping High Street and its junction with Green Bank;

Reason: To allow essential works to be carried out on the public highway by Prime Construction;

Alternative Route: For vehicular traffic will be via Wapping High Street, Scandrett Street and Green Bank and vice versa or Wapping High Street, Wapping Lane and Green Bank and vice versa;

Period: From Monday 26th October 2015 to Monday 2nd May 2016.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 5th October 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT The Vintage Emporium has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Ground floor 14 Bacon Street, London E1 6LF

The licensable activities and timings are:
The sale of alcohol
Monday –Thursday
12.00 – 19.00
Friday – Sunday
12.00 – 22.00

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG
Website:
www.towerhamlets.gov.uk
Tel: 020 7364 5008

Representations must be received no later than 29 10/15

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale(£5000)

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Glow for it

It costs £10 to register for the Glow Neon 3K Run and participants are asked to raise at least £25 sponsorship.

WWW.RNIB.ORG.UK/GLOW

Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Muay Thai
Wootton faces the best in the world

BETHNAL Green's Greg Wootton (pictured above) is not shying away from anyone in his quest to reach the very top in Muay Thai – and to prove it he is meeting "the best in the world".

On October 10 Wootton, a product of the Bill Judd conveyor belt of champions at the KO Gym in Bancroft Road, will meet Thailand's Saenchai sor Kingstar in Bolton.

Wootton's opponent, known simply as Saenchai, has been considered the best fighter on the planet for a decade.

He has ruled four weight divisions and is the current WMC and WBC world title holder. To date he has had a staggering 336 kick-boxing fights and won 282.

England's four-time world champion Liam Harrison has lost to Saenchai three times and the 35-year-old Thai is so confident of his ability that he even fought – and beat – two men in one night.

Wootton – nicknamed The Prodigy – has never been any respector of reputations and the British champion and double world champion became the pride of east London when he defeated the legendary Petchboonchu – perhaps the best ever win by a Brit.

Last time out, at Birmingham Arena, Wootton beat another Thai warrior, Sasiprapa Rungrat, who, at the age of 19, already had more than 80 fights under his belt and was being tipped as one of the country's next superstars.

Charity run
Glow in the park

MILE End Stadium plans to put a bit of colour into the lives of residents this Friday, October 9, and you can take part. The Royal National Institute of Blind People (RNIB) is staging a Glow Neon 3K fun run.

Not only does it take place after dark, but runners can run, walk or dance while being sprayed in luminous paint.

Glow Neon is inspired by the colourful full moon parties of Thailand and is open to anyone over ten years of age.

Guide runners are available to support blind or partially sighted people.

It costs £10 to register and all participants are asked to raise a minimum of £25 sponsorship (£15 for students, £10 for children).

Visit **www.rnib.org.uk/glow** to register.

RNIB events manager, Yvonne Harvey, said: "We're so excited about hosting another RNIB Glow Run at Mile End Stadium this year.

"It's such a fun and colourful event, for a great cause. The run is only 3K long – it's suitable for anyone and an excellent starting point for people who want to get fit.

"Alternatively, people can just take part as a fun start to their weekend."

"Last year proved to be a real success and we're expecting this year to be even better."

TWO members of Bethnal Green's Uechi Ryu karate club – Tayla O'Brien, 12, and Jhanay Otto, 14 – have just achieved black belts.
The two girls travelled to Oxford for their grading in front of a panel of experts that included their own instructors – Terry Daly, 8th dan, Mick Papas, 7th dan, and Steve McNally, 6th dan.
Tayla, who is reigning English, British and British Open champion, said she had been dreaming about getting the belt ever since she took up the sport.
Jhanay's achievement is something of a family affair too because Terry Daly, who has trained her since she was seven, also trained her father, Wayne, a nine-time world champion as well as a winner of British and European titles.
For club details call Terry Daly on 07957 252 115 or 8529 9811.
Tayla O'Brien (left) and Jhanay Otto are pictured with sensei Terry

Orion counts down to Great Britain contest

BY PETER FAULKNER

KARATE kid Orion Chatterjee, who is preparing to represent Great Britain in the Goju Cup scheduled for Hungary, competed at the Kyoji Kai Open championships.

Chatterjee, nine, a member of Bow's Kaizen Ryu Karate club, was among 48 competitors at the championships held at the University of East London's Sportsdock.

He finished in the top ten in the kata while team-mate Sammi Roe, 13, achieved fifth place in his kata, against 31 competitors – a fantastic performance in a tough division.

"Orion and Sammi train regularly and we are always impressed with their performances," a club spokesman said.

"This past weekend has provided a good warm-up into the competition season and ideal practice for Orion as he looks to compete in Hungary this weekend and the TKF Nationals in November."

For more information on the club and to keep up to date with the students' performances, you can follow them on twitter – **@KaizenRyuKarate** – or call them on 07743 764234 to book a class.

Sailing
Half-term fun at the Royal Docks

IF you're looking for something to do this half-term, why not get down to the Sea Cadet Boating Station at the Royal Docks?

From Monday to Friday during the holiday youngsters from the local area are invited to try their hand at various water-based activities.

There will be free daily taster sessions open to all ten- to 18-year-olds who live in the borough.

You can try out sailing, rowing, canoeing and kayaking, thanks to funding from the Uniformed Youth Social Action Fund.

Spaces are limited so book by calling Lisa Goodey on 7055 0585 or emailing **lgoodey@ms-sc.org**

Anyone who cannot make it during the week can go to the free Saturday club from 10am-1pm.

■ DOCKLANDS Sailing and Watersport Centre on the Isle of Dogs is staging a Halloween party on October 31.

The event, complete with witches, zombies and ghouls, is for eight- to 16-year-olds with games, a disco and snacks plus a best costume prize.

Tickets are £8 and parents are welcome. The party is from 6-10pm. Call 7537 2626.

Boxing
Buglioni gets a painful lesson

FORMER Repton star Frank Buglioni was given a painful world title lesson by Russian Fedor Chudinov at Wembley on September 26.

Their on-off-on-again super-middleweight title fight, hit by delay due to a broken nose scare by Chudinov, ended in a unanimous points win for the champion.

Buglioni was the underdog, but was given an unexpected shot at the crown when Chudinov agreed to come to London to defend the title.

Sadly it was an opportunity that came a bit too early for Buglioni.

He was not in the same class as Chudinov and his shot at the title probably came half a dozen fights too soon.

Buglioni will now have a short break before getting back into training and setting about re-establishing himself as a contender.

Coach happy with his lot

"I'm pleased with the depth of our squad. The new signings are young and have added pace and energy. Competition for places is fierce and I'll have a selection headache in coming weeks."

WAPPING COACH RYAN D'SOUZA

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@ TOWERHAMLETS.GOV.UK

Students are taught a lesson by Wapping

BY PETER FAULKNER

WAPPING went back to university on September 26 – and gave Cambridge a real hockey lesson.

The east Londoners, runners-up in the league last season, faced last term's third-placed side and gave evidence that they will be a force again, climbing to second in the table with a 5-1 victory.

Despite a draw in their opening league game, Wapping approached the fixture with optimism, having played well throughout pre-season and with four new signings.

They included four former Cambridge University players in their squad, including Dave McLean, a new signing from Hampstead & Westminster.

With regular captain Oliver Cooper and vice-captain Andrew Magro both missing with minor injuries, Wapping looked to the future by giving the captaincy to Duncan Graves in only his second game for the club.

Wapping started well and took an early lead thanks to last season's top goalscorer, Grant Aidoo-Nash, with a neat finish over the Cambridge keeper.

The students rallied and consistently looked threatening on the counter-attack. And a short corner goal from the home team meant the scores were level at half-time.

In the second half, Wapping stepped up a level and dominated possession and territory.

Key to the improved second half were Dominic Oliver, another new signing, and experienced former England international Rob Pryce.

Some brilliant team moves led to four unanswered field goals with Oliver, Matt Hyden, Oliver Salvesen and yet another new signing, Ian Kibble, all getting on the scoresheet.

"I'm very pleased with the depth of our squad. The new signings are young and have added some pace and energy throughout the team," said coach Ryan D'Souza.

"Competition for places is fierce and I'll have a selection headache in coming weeks, with at least half a dozen regulars from last season to potentially still come in.

"We now need to be consistent and trust that our results through the season will match our positive performances."

Ross Townley got all the goals as the 4th team beat East London 3-1 and David Holmes also got a hat-trick as the 6s won 4-0 against East London 4s.

Louise Song hit a hat-trick for Wapping Ladies second team in their 6-0 win over Tunbridge Wells and the men's nines won 6-1 against Romford, Rel Desai getting three.

WAPPING ladies 3rd team drew 3-3 with Harlow 1s, with goals from Anne Coleman, Juliette Gilligan and Karolin Schapps-Bolle. Player-of the-match was Sacha Cooper. PHOTO: Rob Furber

Quinlan hits hat-trick for East

Hockey

East London ladies 1st 8
Redbridge & Ilford 1st 1

EAST London ladies turned on the style and smashed eight goals past their visitiors to register their first Lee Valley league win of the season.

After the previous week's goalless draw away, they gave their fans plenty to talk about, scoring three times in the first half then turning up the heat on Redbridge & Ilford with five more after the break.

Eilis Quinlan was named player-of-the-match for her hat-trick and other scorers were Alexa Kearns (2), Victoria Barker, Emily Menzies and Grace Lant.

East London dominated the match from start to finish and might easily have added to their tally.

Wapping 2nd 2
East London men's 1st 0

GOALS from Ed Fry and Ray Paulson defeated East London while the 2nd team lost 3-1 to Wapping 4s, and the fourths went down 4-0 to Wapping 6s.

East men's 8th team was the exception and beat Wapping X 3-0, to go top in East Division 9SE – the only team to have won both their games.

Other results men: East London 3rd 0, Waltham Forest 2nd 1; East London 5th 3, Waltham Forest 3rd 3; East London 6th 0, Plashet 1st 5; East London 7th 4, Saffron Walden 7th 0.

Ladies: East London 2nd 0, Crostyx 2nd 4; East London 3rd 9, Colne 1st 2; East London 4th, Old Loughtonians 5th 0; East London 6th 3, East London 7th 0.

Soccer round-up

Sporting victory is sweet revenge

SPORTING Bengal gained sweet revenge for their FA Cup defeat earlier in the season with a 1-0 win over high-flying Basildon at Mile End Stadium.

The money Basildon earned from the FA Cup has enabled them to recruit new players and they looked the better team for a large part of the game .

But one of Sporting's new faces, CF Tunde, provided the pass for Toch Singh to get his first goal of the season in the 60th minute.

Sporting looked nervy and anxious to please following their defeat against Eton Manor the week before.

However, with the new centre back pairing of Toib and Jordan doing well and Ahmed back in midfield, the side gradually grew in confidence.

Basildon though were always a danger and Sporting had their goalkeeper to thank for keeping them in the game after pulling off a series of excellent saves.

Manager Anwar Uddin has created a good team spirit and was happy with the victory.

"You can't beat a 1-0 win," he said. "I was delighted with our performance today against a good side."

The win will put Bengal in good spirits for their FA Vase match against Halstead Town at Mile End Stadium.

Oakley the hero for injury-hit Hamlets

FC Hamlets knew before kick-off this trip to Roydon FC was going to be tough because illness and injury left them with the bare bones of a team.

However they were impressive in the first half albeit with few chances to score.

Roydon took the lead in the 64th minute when a shot took a deflection and looped over Hamlets keeper Pyne's head.

But Hamlets upped the pressure and didn't have to wait long until they were level.

A bouncing ball through to Jay Morris saw him lob the on-rushing keeper on the stretch, only to see the effort hit the crossbar.

Luckily, a well-placed George Oakley was there to put the ball in with a diving header.

Hamlets now had the momentum and chances came and went for both teams.

Hamlets were frustrated with just a point, but with a depleted squad it was a job well done.

Tower ship seven

TOWER Hamlets FC suffered one of their heaviest ever defeats – losing 7-1 to FC Romania.

This Essex Senior League clash away from home turned into a real humiliation.

The only moment of joy came when Omar Rowe scored after 34 minutes.

Sloppiness costs Millwall

Rugby

Millwall 15 Braintree 35

BRAINTREE, having played at a higher level last season, proved they will be one of the teams chasing title honours this season.

However, despite this defeat there were plenty of positives for Millwall.

For long spells they more than matched the visitors, but a lack of real organisation combined with missed tackles resulted in Millwall conceding some sloppy tries.

Millwall's points came from tries by Matthew Rowland and Ronan Quigley and a penalty and conversion from Richard Downey.

The result leaves Millwall in mid-table after two games, but they have plenty of time to change things and were hoping for better luck in their next match against Bancroft.

■ Millwall are showing all of the Rugby World Cup games and are offering a two-month membership for £15.

Find out more at **http://millwallrugby.com/rwc2015/** or email **membership@millwall rugby.com**

If you are interested in playing, email **development@millwallrugby.com**

More inside

For stories on hockey, rugby, football, karate and Muay Thai...

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Joining the county set

Mannah Rahman, Fahim Shikdar and Fahim Zubayer have been selected for the Middlesex U17 county team. Gulam Mahi is in the U15s with Younous Shikdar keeping his place in the U13s.

SEE BELOW

TOWER HAMLETS
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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Academy kids shine on court

Double doubles success in badminton tournament

BY PETER FAULKNER

TOWER Hamlets Badminton Academy are gradually becoming a force to be reckoned with.

On September 19 they took a squad of 13 players to the under-13 and under-17 Middlesex restricted championships at The Dome, Hounslow, and managed to claim two boys' doubles crowns.

There was excellent performance after excellent performance, none more so than that by recent triple title winner Mannah Rahaman (Stepney Green School).

Mannah, despite being two years younger than his opponents, competed in the boys' singles and shocked some of the more experienced players.

He claimed the runner-up, spot after narrowly losing a high-quality final 21-17.

Tower Hamlets were also served well in the competition by Abul Hasnat (Stepney Green) who won his group, scoring a fine win in the last eight, before losing a tough semi-final.

Mannah managed to continue his form in the boys' doubles event, teaming up with fellow academy player Fahim Shikdar (Brick Lane) to take the boys' doubles in what turned out to be an all Tower Hamlets final.

Fahim Zubayer (Stepney Green School) and Gulam Mahi (St Paul's Way School) proved too strong and powerful for their opponents in the rounds, but lost 21-17 in a closely contested final against their Tower Hamlets training partners.

The under-13 event saw more success for Tower Hamlets in the shape of Younous Shikdar.

Younous managed to win his group and edge a tight semi-final encounter.

Despite taking an early lead in the final, Younous put up a great performance but had to settle for the runner-up spot.

Success wasn't far away though as he teamed up with north London player Dylan Gregory to win the boys' doubles 21-15.

Another strong performance came from Aswad Iftekar and Maffuzul Kahar.

The pair won their group in the boys' doubles before losing in the semis.

■ Following their performances in the Middlesex championships, Mannah Rahman, Fahim Shikdar and Fahim Zubayer have been selected for the Middlesex U17 county team.

Gulam Mahi has been picked for the U15 team with Younous Shikdar retaining his place with the U13s.

They will be up against Surrey, Berkshire, Essex and Bedfordshire.

Tower Hamlets Badminton Academy performed superbly

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